

Keeping It Country

Compte: 32

Mur: 4

Niveau: High Beginner

Chorégraphe: Caitlin Farley (USA) - March 2024

Musique: KEEPIN IT COUNTRY - James Johnston



#16 count intro - 1 Restart

Restart: Wall 3 after 16 counts

[1-8] Heel Switches and Hitches

- 1 & 2 & Tap R Heel, return, Tap L Heel, return
- 3 & 4 & Tap R Heel, cross hitch R in front of L, return
- 5 & 6 & Tap L Heel, return, Tap R Heel, return
- 7 & 8 & Tap L Heel, cross hitch L in front of R, return

[9-16] Lock steps, heel switches, stomps *Restart Here Wall 3*

- 1 & 2 Step forward R, lock L behind R
- 3 & 4 Step forward L, lock R behind L
- 5 & 6 & Tap R Heel, return, Tap L heel, return
- 7, 8 stomp or step R, L

[17-24] Toe tap shuffle $\frac{1}{2}$, toe tap shuffle $\frac{1}{4}$

- 1 & 2 Step forward R, tap L toe behind R foot, take weight on L
- 3 & 4 Shuffle $\frac{1}{2}$ with R over R shoulder
- 5 & 6 Step forward L, tap R toe behind L foot, take weight on R
- 7 & 8 Shuffle $\frac{1}{4}$ with L over L shoulder

[25-32] Jazz Box, $\frac{1}{2}$ Pivots*

- 1, 2 Cross R over L, step back L
- 3, 4 Step back with R, together L (taking weight on L foot)
- 5, 6 Step forward R, pivot $\frac{1}{2}$ over L shoulder
- 7, 8 Step forward R, pivot $\frac{1}{2}$ over L shoulder (making a full rotation)

*Alternative for pivots: Rocking Chair

- 5, 6 Rock forward R, recover L,
- 7, 8 Rock back R, recover L

Last Update: 31 Mar 2024