

Easy Hold 'Em

Compte: 32

Mur: 1

Niveau: Absolute Beginner



Chorégraphe: Peter Flockhart (UK) - March 2024

Musique: TEXAS HOLD 'EM - Beyoncé

Intro 24v beats

CHA CHA BOX

- 1-2 Step RF side, step LF next to RF
- 3&4 Step RF forward, step LF to RF, step RF forward
- 5-6 Step LF to side, step RF next to LF
- 7&8 Step LF back, step RF next to LF, step LF back

BACK K STEP (Claps optional on touches)

- 9-10 Diagonal step back RF, touch LF next to RF
- 11-12 Diagonal step forward LF, touch RF next to LF
- 13-14 Diagonal step forward RF, touch LF next to RF
- 15-16 Diagonal step back LF, touch RF next to LF

RESTART HERE WALL 2 ~ 4 COUNT TAG

(17-20 Bump hips R, L, R, L)

SIDE CLOSE, R SIDE CHA CHA, SIDE CLOSE, L SIDE CHA CHA

- 17-18 Step RF to right, step LF next to RF
- 19&20 Step RF to right, step LF next to RF, step RF to right
- 21- 22 Step LF to left, step RF next to LF
- 23&24 Step LF to left, step RF next to LF, step LF to left*

LEFT PADDLE TURNS – 1/4 TURNS X 4

- 25-26 Step RF forward, paddle 1/4 turn
- 27-28 Step RF forward, paddle 1/4 turn
- 29-30 Step RF forward, paddle 1/4 turn
- 31-32 Step RF forward, paddle 1/4 turn

This was choreographed specifically for broadcast on "Lorraine" on ITV on 29th March 2024

*Make 4 wall by turning ¼ turn to left on beats 23&24. Restart will happen at 9:00

<https://thecactusclub.co.uk>