

Texas Hold 'Em AB

Compte: 32

Mur: 2

Niveau: Absolute Beginner



Chorégraphe: Helaine Norman (USA) - March 2024

Musique: TEXAS HOLD 'EM - Beyoncé

ou: Texas Hold 'em - Davina Michelle

Tag: 1 easy

I. STEP KICK, STEP KICK; VINE

1-2 Step R side, kick L forward (or over)

3-4 Step L side, kick L forward (or over)

5-8 Step R side, step L behind, step R side, touch L together

Optional styling: Hands on hips

Optional instead of two step kicks 1-4: Step R forward, touch L together at R heel, step L back, kick R forward

II. STEP KICK, STEP KICK; VINE

1-2 Step L side, kick R forward (or over)

3-4 Step R side, kick L forward (or over)

5-8 Step L side, step R behind, step L side, touch R together

Optional styling: Hands on hips

Optional instead of two step kicks 1-4: Step L forward, touch R together at L heel, step R back, kick L forward

*Tag & restart: During wall 2 facing 6:00

III. V STEP; WALK FORWARD X3, KICK

1-2 Step R to right diagonal, step L to left diagonal

3-4 Return R to center, step L together

5-8 Walk forward R L R, kick L forward

IV. WALK BACK X3; TOUCH; ¼ R-TURN X2

1-4 Walk back L R L, touch R together

5-6 Step R forward making ¼ turn left, weight to L (9:00)

7-8 Step R forward making ¼ turn left, weight to L (6:00)

Optional for ¼ turns: Make ¼ turn walking 4 steps or paddles

Optional styling for ¼ turns: Use R arm to mimic making a lasso motion

REPEAT

*TAG and Restart: 1-4: Hip bumps RLRL (facing 6:00) after 16 counts of wall 2, restart

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Last Update: 8 Apr 2024