

# Forever and Ever (Morning Sun)

**COPPER** **NOB**  
BYEPOSTETS

**Compte:** 32

**Mur:** 4

**Niveau:** High Beginner

**Chorégraphe:** Luci Chryz (INA) & AndreClassic (INA) - March 2024

**Musique:** For Ever And Ever (And Ever) - Engelbert Humperdinck



**Intro: 32c - Start RF**

**Sec 1 - Side rock, recover, cross shuffle, Side rock, ¼L recover step in place, coaster step**

1 2 Rock RF to side (1) Recover on LF (2)  
3&4 Cross RF over LF (&) Step LF to side (&) Cross RF over LF (4)  
5 6 Rock LF to side (5) ¼ L recover on RF facing 09.00 (6)  
7&8 Step LF back (7) Together RF (&) Step LF forward (8)

**Sec 2 - Fwd rock, recover, step back, hook Fwd rock recover, ¼L step side, touch**

1 2 Rock RF forward (1) Recover on LF (2)  
3 4 Step RF back (3) Hook LF (4)  
5 6 Rock LF forward (5) Recover on RF (6)  
7 8 ¼ L step LF to side (7) Touch RF (8)

**Sec 3 - Rumba box (with hold or touch)**

1 2 Step RF to side (1) Step LF together (2)  
3 4 Step RF forward (3) Hold/touch (4)  
5 6 Step LF to side (5) Step RF together (6)  
7 8 Step LF back (7) Hold/touch (8)

**\*Restart here on W6 after 24C (Restart facing 09.00)\***

**Sec 4 - Step back, kick, step in place, kick, ¼L step side, touch, side, touch**

1 2 Step RF back (1) Kick LF forward (2)  
3 4 Step LF in place (3) Kick RF forward (4)  
5 6 ¼ L Step RF in place (5) Touch LF (6)  
7 8 Step LF to side (7) Touch RF (8)

**ENJOY THE DANCE ☐**

**Submitted by [dechryz@gmail.com](mailto:dechryz@gmail.com)**

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