

Cajun In Kansas AB

COPPER KNOB
BY SHEETS

Compte: 16

Mur: 4

Niveau: Absolute Beginner



Chorégraphe: Helaine Norman (USA) - March 2024

Musique: Cajun in Kansas - The Mudbugs Cajun & Zydeco Band

Intro: 16

I. HEEL, TOE, SHUFFLE; HEEL, TOE, SHUFFLE

- 1-2 Touch R heel forward, touch R toe back
- 3&4 Step R forward, step L together, step R forward
- 5-6 Touch L heel forward, touch L toe back
- 7&8 Step L forward, step R together, step L forward

Optional for shuffles forward: Cha-cha-cha in place

II. TOE STRUTS BACK X4; JAZZ BOX ¼ R-TURN

- 1& Touch R toe back, drop R heel (with or without clap)
- 2& Touch L toe back, drop L heel (with or without clap)
- 3& Touch R toe back, drop R heel (with or without clap)
- 4& Touch L toe back, drop L heel (with or without clap)
- 5& Step R over
- 6& Step L back
- 7& Step R side making ¼ turn right (3:00)
- 8& Step L together

Optional for Jazz Box: In place of doing a 4-step jazz box, do a toe strut for each step (touch toe, drop heel)

REPEAT

Helaine43@gmail.com