

Albi Ya Mehtas

Compte: 32

Mur: 4

Niveau: High Beginner

Chorégraphe: Novi3NLD (INA) & Titi Kasese (INA) - March 2024

Musique: Alby Ya Me7tas (قلبي يا محتاس) - Nancy Ajram



* TAG AFTER WALL 1, FACE TO 03:00

* 2 COUNT SWAY

1 - 2 . Sway R to L

S1. SAMBA WHISK R/L, SAMBA STATIONARY, COASTER STEP

1 a 2 - 3 a 4. Step R big to side, Step ball of L slightly behind R, recover on weight on to R, Step L big side, Step ball of L slightly behind R, recover on R

5 a 6. Step R press into floor forward, Step L of ball close beside R (weight on L), Step R back touch

7 & 8. Step L back, R back together beside L, L forward

S2. A HALF DIAMOND, MAMBO SIDE R/L

1&2&3&4. R cross over L, L side, R back diagonal (02:00), L hitch, L back diagonal (02:00) R side (03:00), L step forward (03:00)

5&6&7&8. Rock R to right side, recover on L, step R close L, Rock L to left side, recover on R, step L close to R

S3. SYNCOPATED CROSS SHUFFLE, TURN 1/4 TO LEFT SAMBA WHISK , PADDLE 1/4 TO LEFT

1&2&3&4. R cross over L, L step next to R, R cross over L, L step next to R, R cross over L, L step next to R, R cross over L

5a6. /4 Turn to L Step L big to side (12:00), Step ball of R slightly behind L, recover on L

7-8, R forward, turn 1/4 to left , recover on L(09:00)

S4. JAZZ BOX, PIVOT 1/2 TO LEFT, PADDLE 1/4 TO LEFT

1-2-3-4. Step R cross over L, turn 1/4 to left side L back, step R to right side, L rock forward (12:00)

5-6-7-8, Step R forward turn 1/2 to left side (06:00), Step R forward turn 1/4 to left , recover on L (03:00)

LET'S DANCE & BE HAPPY □□□□□□