

Slow Motion (P)

Compte: 32

Mur: 0

Niveau: Beginner / Intermediate - Partner



Chorégraphe: Kelly Albro (USA) & Dan Albro (USA) - 17 May 2023

Musique: Every Time You Take Your Time - Aaron Goodvin

ou: Do You Want To Dance? - Johnny Rivers

Intro: 16 counts

Start: Two hand hold, Man facing OLOD, Lady facing ILOD

Like footwork except where noted.

[1-8] SIDE, TOGETHER, ¼ SHUFFLE SIDE, ¼ TURN, ½ TURN, SHUFFLE FWD

1,2,3 Step side L, step R next to L, turn ¼ right stepping side L

&4,5 Step R next to L, step side L, turn ¼ left stepping fwd R

6 Turn ½ left stepping side L (man facing ILOD - lady facing OLOD)

7&8 Step fwd R, step L next to R, step fwd R

Hands: Count 5 release hands, count 7 pick up right hands

[9-16] ROCKING CHAIR, LADIES TURN, SHUFFLE FLOD

1-4 Both: Rock fwd L, replace weight R, rock back L, replace weight R

5,6 Man: Turn ¼ right stepping L next to R, step fwd R

5,6 Lady: Turn ½ right stepping back L, turn ¼ right stepping side R

7&8 Both: step fwd L, step R next to L, step fwd L (Facing FLOD in side by side)

Hands: Count 6 pick up left hands into side by side

[17-24] WALK, WALK, SHUFFLE FWD, SIDE, TOGETHER, SHUFFLE FWD

1,2,3&4 Step fwd R, step fwd L, step fwd R, step L next to R, step fwd R

5,6 Turn ¼ right stepping side L, step R next to L

7&8 Step fwd L, step R next to L, step fwd L

[25-32] ROCK, REPLACE, COASTER (LADY: STEP ½ TURN, SHUFFLE FWD) STEP TOUCHES

1-3&4 Man: Rock fwd R, replace weight L, step back R, step L next to R, step fwd R

1-3&4 Lady: Step fwd R, pivot ½ left (weight on L), step fwd R, step L next to R, step fwd R

5-8 *Both: Step side L, touch R toe next to L, step side R, touch L toe next to R

Hands: Count 1 bring both hands up & cup ladies hands. Count 2 right to right and left to left and bring down into starting position.

*1st and 4th rotation: Restart the dance on count 29 (leave out the step touches).

5th rotation: double up the last 4 counts (the step touches)