

# Jump Into My Bed

**COPPER** **KNOB**  
BY EPOHEETS

**Compte:** 32

**Mur:** 4

**Niveau:** High Beginner

**Chorégraphe:** MJLD (KOR) - March 2024

**Musique:** Jump Into My Bed - Lou Bega



**No Tag, No Restart**

## **S 1 HEEL TOUCH, SAILOR, TOE TOUCH, CROSS SHUFFLE**

- 1-4 RF cross heel touch over LF(1) , RF diagonal heel touch right(2) RF cross behind LF(3) , LF next to RF (&), RF right side (4)
- 5-8 LF cross toe touch over RF (5) , LF toe touch left side(6) LF cross over RF(7) , RF side(&), LF cross over RF

## **S2 SIDE MAMBO, HEEL SWITCHES (R,L), 1/4 FLICK**

- 1-4 RF side rock(1), LF recover(&), RF cross LF(2), LF side rock(3), RF recover (&), LF cross RF(4)
- 5-8 RF heel touch fwd (5), RF together LF(&), LF heel touch fwd (6), LF together RF(&) RF toe touch fwd(7), RF 1/4 turn left recovering on LF flicking RF backwards(8)(9:00)

## **S 3 CROSS SHUFFLE (R.L), JAZZ BOX**

- 1-4 R F cross over LF(1), LF side(&), RF cross over LF(2), LF cross over RF(3), RF side(&), LF cross over RF(4)
- 5-8 RF cross over LF(5), LF back RF (6), RF side (7), LF fwd(8)

## **S 4 FORWARD SHUFFLE(R,L), 1/4 PADDLE TURN LEFT X 2**

- 1-4 RF diagonal fwd right(1), LF behind RF(&), RF diagonal fwd right(2) LF diagonal fwd left(3), RF behind LF(&), LF diagonal fwd left(4)
- 5-8 RF fwd 1/4 turn left with hip rolling(5). LF recover(6)(6:00), RF fwd 1/4 turn left with hip rolling(7), LF recover(8)(3:00)

**Have Fun Dance ~**

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