

Slow Down

Compte: 32

Mur: 4

Niveau: Beginner

Chorégraphe: Diana Oglesby (USA) - February 2024

Musique: Slow Down - Sena Ehrhardt



Intro: 32 counts, start with weight on L

No Tags, No Restarts

S1 (1-8) - K STEP

1-4 Step R diagonally forward (1), touch L together (2), step L diagonally back (3), touch R together (4)

5-8 Step R diagonally back (5), touch L together (6), step L forward (7), touch R together (8)

S2 (9-16) - R BACK, L TOUCH, L BACK, R TOUGH, SLOW R BACK COASTER, HOLD

1-4 Step R back (1), touch L forward (2), step L back (3), touch R forward (4)

5-8 Step R back (5), step L back (6), step R forward (7), hold (8)

S3 (17-24) - WALK-WALK (L-R-), L FWD SHUFFLE, R FWD, ½ TURN L, R FWD SHUFFLE

1-2-3&4 Step L forward (1), step R forward (2), step L forward (3), step R together (&), step L forward (4)

5-6-7&8 Step R forward (5), turn ½ L (weight to L) (6), step R forward (7), step L together (&), step R forward (8) (6:00)

S4 (25-32) - TOE SWITCHES L-R-L, HOLD, ¼ L TURNING SAILOR

1&2&3-4 Touch L side (1), step L together (&), touch R side (2), step R together (&), touch L side (3), hold (4)

5&6-7-8 Cross L behind and turn ¼ L (5), step R side (&), step L side (6), step R forward (7), step L forward (8) (3:00)

Repeat

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