

Little Prayers & Sleepless Nights

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Daniel Exton (UK) - February 2024

Musique: Since I Met You - Alphabeat



S1 Kick Ball Change, Kick Ball Change, Walk, Walk, Walk, Touch

- 1 & 2 Kick Right foot forward, Place Right foot next to left, Place Left foot next to Right
- 3 & 4 Kick Right foot forward, Place Right foot next to left, Place Left foot next to Right
- 5, 6 Walk forward on Right, Walk forward on Left
- 7, 8 Walk forward on Right, Touch Left to Left side

S2 Rock, Shuffle Back, Rock Back, Shuffle Forward

- 1, 2 Rock forward on Left, recover onto Right
- 3 & 4 Left foot back, Right foot in front of Left, Left foot back
- 5, 6 Rock back on Right, Recover onto Left
- 7 & 8 Right foot forward, Left foot behind Right, Right foot forward

S3 Side Rock, Cross Shuffle, 1/2 Turn, Kick Ball Cross

- 1, 2 Rock Left to Left side, Recover onto Right
- 3 & 4 Cross Shuffle Left over Right
- 5, 6 Left to Left side with 1/4 turn Left, Right to Right side with 1/4 turn Left
- 7 & 8 Kick Right foot forward, place Right foot next to Left, cross Left foot over Right

S4 Touch, Forward, Touch, Forward, 1/4 Turn Jazz Box

- 1, 2 Touch Right to Right side, Right foot forward
- 3, 4 Touch Left to Left side, Left foot forward
- 5, 6 Right foot cross over left, Left foot back
- 7, 8 Right foot to Right side with 1/4 turn Right, Left next to Right

*** Tags After The End of Wall 3**

Right, Together, Left, Together, Grapevine

- 1, 2 Right to Right side, Left next to Right
 - 3, 4 Left to Left side, Right next to Left
 - 5, 6 Right to Right side, Left behind Right
 - 7, 8 Right to Right side, Left next to Right
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