

Crush

Compte: 32

Mur: 4

Niveau: Beginner

Chorégraphe: Nanny NS (INA) - February 2024

Musique: Crush - Jennifer Paige



Intro = 32 counts

No Tag - 2 Restarts (on wall : 4 ,10 after 16 count)

I. WALK R,L,R , FORWARD MAMBO, BACK R, L, COASTER STEP

- 1 - 2 - 3 Step Rf Forward , Step Lf Forward , Step Rf Forward
- 4 & 5 Rock Forward Lf, Recover on Rf, Step Back on Lf.
- 6 - 7 Step Rf Backward, Step Lf Backward
- 8 & 1 Step Rf Backward , Step Lf together Rf, Step Rf Forward.

II. SIDE ROCK L, CROSS SHUFFLE, SIDE ROCK WITH SWAY RL , TOUCH

- 2 - 3 Step Lf to side left, Recover on Rf
- 4 & 5 Step Lf cross to Rf, Step Rf next to Lf , Step Lf cross to Rf
- 6 - 7 - 8 Step Rf to side swaying Right, Sway Left , Touch Rf next to Lf (weight on Lf)

III. FORWARD R , PIVOT ¼ TURN LEFT, CROSS R, LINDY L, SIDE SHUFFLE R

- 1-2 - 3 Step Rf Forward, ¼ turn L to side L (09.00), Step Rf cross to Lf. 4 & 5 : Step Lf to side L, Step Rf together Lf, Step Lf to side L (weight on L)
- 6 - 7 Step Back on R, Recover on Lf,
- 8 & 1 Step Rf to side R, Step Lf together Rf, Step Rf to side R

IV. ROCK FORWARD, COASTER STEP, FORWARD R, PIVOT ½ TURN L, TOUCH

- 2 - 3 Step Lf to Forward, Recover ol Rf.
- 4 & 5 Step Lf Backward, Step Rf together Lf, Step Lf Forward
- 6 - 7 - 8 Step Rf Forward, Step 1/2 turn Left, Touch Rf on Lf (Weight on Lf) (03.00)

Happy Dancing and enjoy the dance!!

NNS

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