

# Sway 2024

**Compte:** 32

**Mur:** 4

**Niveau:** High Beginner

**Chorégraphe:** Tri Retno Sukeksi (INA) - January 2024

**Musique:** Sway - The Pussycat Dolls



**Dance starts with the word "starts to play"**

## **Section 1 WALK,WALK,SHUFFLE FORWARD, HIP SWAY, HIP BUMP**

1-2-3&4 (1-2) Step RF forward, Step LF forward. (3&4) Step RF forward, Step LF beside RF, Step RF forward

5-6-7&8 (5-6) Swing Hip to L- R, (7&8) Push L hip to L-R-L

## **Section 2 STEP SIDE 1/4 TURN R, STEP FORWARD 1/2 TURN R, SHUFFLE FORWARD, ROCK STEP, COSTER STEP**

1-2-3&4 (1-2) Step RF to R 1/4 turn R, Step LF forward 1/2 turn R weight on LF. (3&4) Step RF forward, Step LF beside RF, Step RF forward

5-6-7&8 (5-6) Step LF forward , Recovery on RF (7&8) Step LF Back , Step RF beside LF, Step LF forward

## **Section 3 CHA CHA NEW YORKER ( ROCK CROSS, CHASSE R, ROCK CROSS , CHASSE L)**

1-2-3&4 (1-2) Rock Cross RF over LF, recover on LF, (3&4) Step RF to R, Step LF Beside RF, step RF to R

4-6-7&8 (4-6) Rock Cross LF over RF, recovery on RF, (7&8) Step LF to L, Step RF beside LF, Step LF to L

## **Section 4 CROSS 1/4 TURN R, STEP BACK 1/4 TURN R, CHASSE R, ROCK CROSS, CHASSE L**

1-2-3&4 (1-2) Cross RF over LF 1/4 turn R, Step LF back 1/4 turn R, (3&4) Step RF to R, Step LF beside RF, Step RF to R.

5-6-7&8 (5-6) Rock Cross LF over RF, recover on RF, (7&8) Step LF to L, Step RF beside LF , Step LF to L

## **TAG (8C) after W8 : 1 Turn L (Unwind), Step RF side & Hold**

1-2-3-4 Cross RF over LF , 1 Turn L,

5-6-7-8 Step RF to R & Hold.

**Happy Dancing for Healthy**

**Contact : Email:** [triretnosukeksi@gmail.com](mailto:triretnosukeksi@gmail.com)

☐ 081282530209

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