

No Estoy SOLa

Compte: 32

Mur: 4

Niveau: High Beginner

Chorégraphe: Andrico Yusran (INA) - January 2024

Musique: Ya No Estoy Sola - Kim Loaiza



No Tag No Restart

Start dance after intro music 16 counts

S1. *CROSS SAMBA [R-L] - SIDE TOUCH - FLICK - CROSS - SIDE TOUCH*

1&2 Step R cross over L , L ball to side , R in place
3&4 L cross over L , R ball to side , L in place
5-8 R to side touch , R flick , R cross over L , L side touch

S2. *DIAMOND 1/4 TURN L - SHUFFLE FORWARD - SIDE TOUCH SWITCHES*

1&2& Step L cross over R , R to side , L back diagonal to L , R hitch
3&4 R back diagonal , L 1/8 turn to L [9.00] , R forward
5&6 L forward , R close beside , L forward
7&8 R side touch , R close beside L , L side touch

S3. *SIDE VOLTA - SIDE ROCK - CROSS SHUFFLE*

1&2& Step L cross over R , R to side - L cross over R , R side
3&4 L cross over R , R to side - L cross over R
5-6 R to side , Recover on L
7&8 R cross over L , L to side , R cross over L

S4. *SIDE - CLOSE - SHUFFLE FORWARD - PIVOT 1/2 TURN L - WALK - WALK*

1-2 Step L to side , R close beside L
3&4 L forward , R beside L , L forward
5-8 R forward , 1/2 turn to L in place , Walk R - L forward

START AGAIN FROM THE TOP

Have FUN everyone's

Dancing with YOUR Heart

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