

# And, This Ain't No Thinkin' Thing

**COPPER** KNOB  
BY STEPHEN

**Compte:** 32

**Mur:** 4

**Niveau:** Beginner

**Chorégraphe:** Cathy Snow (USA) - December 2023

**Musique:** This Ain't No Thinkin' Thing - Trace Adkins



**Intro: 32 counts**

## [1-8] CROSS ROCKS, TRIPLES

1-2 Cross/rock right over left; recover left  
3&4 Triple in place stepping right, left, right  
5-6 Cross/rock left over right; recover right  
7&8 Triple in place stepping left, right, left

## [9-16] SIDE ROCK R, TRIPLE IN PLACE, SIDE ROCK L, TRIPLE IN PLACE

1-2 Rock to right side, recover on the left  
3&4 Triple in place right, left, right  
5-6 Rock to left side, recover on the left  
7&8 Triple in place left, right, left

## [17-24] SHUFFLE FWD R, L, R; ROCK FORWARDL, RECOVER R, SHUFFLE BACK L, R, L BACK, RECOVER L

1&2 Shuffle forward right, left, right  
3-4 Rock forward left, recover right  
5&6 Shuffle back left, right, left  
7-8 Rock back on right, recover on left

## [25-32] STEP RIGHT, POINT LEFT; STEP LEFT, POINT RIGHT; ¼ TURNING JAZZ BOX

1-2 Step right, point left  
3-4 Step left, point right  
5-6 Cross right over left; step back left  
7-8 Step right side; step left forward

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Last Update - 31 Dec. 2023 - R1