

# Shackles & Chains

**Compte:** 32

**Mur:** 4

**Niveau:** Beginner

**Chorégraphe:** Roy Anthony Shepherd (NOR) - December 2023

**Musique:** Chains - Patty Loveless



## #16 Count Intro

### Walk Fwd R, L, R, Kick. Walk Back L, R, L, Touch

1 2 3 4 Walk Fwd R, L, R, Kick L Fwd (12.00)

5 6 7 8 Walk Back L, R, L Touch R Next To L (12.00)

### Sway R, L, R, L, Right Vine Side Touch

1 2 3 4 Rock Fwd R, Recover L, Rock Fwd R, Recover L (01.30)

5 6 7 8 Side R, Behind L, Side R, Touch L Next To R (12.00)

### Sway L, R, L, R, Side, Behind, 1/4 Turn, Touch

1 2 3 4 Rock Fwd L, Recover R, Rock Fwd L, Recover R (10.30)

5 6 7 8 Side L, Behind R, 1/4 Fwd L, Touch R Next To L (09.00)

### Out, Out, Inn, Inn, Rocking Chair Step

1 2 3 4 Out R(10.30) Out L(07.30) Back R(09.00) Back L (09.00)

5 6 7 8 Rock Fwd R, Recover L, Rock Back R, Recover L (09.00)

**Restart 1 On Wall 3 : After 8 Counts Restart At 06.00**

**Restart 2 On Wall 6 With Step Change : After count 16**

**Skip The 4 First Counts In Section 3**

**And Go Straight In To Side, Behind, 1/4 Fwd L, Touch R Next To L**

**And Then Restart At 09.00**

Hope You Enjoy :)

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