

# MerakitLah (172 Days)

COPPER KNOB  
BY STEPSHEETS

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Arra (INA) - December 2023

Musique: Rakit - Nadzira Shafa : (Album: 172 Days OST)



Intro : 32 count - No Tag & No Restart

## S.1 : Side-Behind side Cross Rock-Recover-CrossRock-Recover-side-Spot turn ½ L

- 1 2&3 Step RF to side-step LF behind R-step RF to side-Cross LF over R  
4&5 Recover to R-step LF beside R-Cross RF over L  
6&7 Recover to L-step RF beside L-Step LF forward  
8&1 Step RF forward-turn ½ Left step LF in place-Step RF forward (06.00)

## S.2 : Full turn-Sweep from back to front-Weave-Sweep from front to back

- 2&3 Turn ½ right step LF back-Turn ½ right step RF forward-Step LF forward with sweep from back to front  
4&5 Cross RF over L-Step LF to side-Cross RF behind L with Sweep from front to back  
6&7 Cross LF behind R-Step RF to side-Cross LF over R  
8&1 Recover to L-Step LF to side-Cross RF over L

## S.3 : Turn ¼ R-Together-Walk Forward-Hith-Back with Sweep

- 2&3 Turn ¼ right step LF back-Together-Step LF Forward (09.00)  
4&5 Walk forward R-L-R with hith  
6-7 Step LF to back with RF sweep from front to back-Step RF to back with LF sweep from front to back  
8&1 Cross LF behind L-Step RF to side-Cross LF over R

## S.4 : Recover-Cross-rock-Recover-Sway-Drag with touch

- 2&3 Recover to R-Step LF to side-Cross RF over L  
4&5 Recover to L-step RF to R side-Sway L  
6-7-8 Sway R-L-Drag RF to L with touch

Enjoy the Dance

Dancing with your heart

Contact : [arravillo@gmail.com](mailto:arravillo@gmail.com)