

# Through Christ In Me

Compte: 32

Mur: 2

Niveau: Improver

Chorégraphe: Erni Jasin (INA) - December 2023

Musique: Yet Not I but Through Christ in Me - CityAlight



**\*\*No Tags, 3 Restarts!!**

Intro : 16 Count (Approx. 14 sec)

## SEC 1: FWD, ROCK, RECOVER, BACK/SWEEP, SAILOR, BASIC NC, HINGE TURN R, SIDE, 1/8 TURN R, FWD

- 12& Step Rf fwd (1), rock Lf fwd (2), recover on Rf (&)
- 34& Step Lf back and sweep Rf from front to back (3), cross Rf behind Lf (4), step Lf to side (&)
- 56& Rf Big step to side (5), close Lf slightly behind Rf (6), cross Rf over Lf (&)
- 78& 1/4 Turn R step Lf back (7), 1/4 turn R step Rf to side (8) (6:00), 1/8 turn R Lf fwd (&) (7:30)

## SEC 2: FWD, 1/8 TURN R, SIDE, DIAMOND 1/4 R, SYNCOPATED ROCK FWD, SWEEP, CROSS, SIDE

- 12& Step Rf fwd (1), 1/8 turn R step Lf to side (2) (9:00), 1/8 turn R step Rf back (&)
- 34& Step Lf back (3), 1/8 turn R step Rf to side (4) (12:00), step Lf fwd (&)
- 56& Rock Rf fwd (5), recover on Lf (6), close Rf next to Lf (&)
- 78& Step Lf fwd and sweep Rf from back to front (7), cross Rf over Lf (8), step Lf to side (&)

## SEC 3: BACK ROCK, RECOVER, SIDE (R&L), BACK/SWEEP (X2), UNWIND 1/2 R

- 12& Rock Rf behind Lf (1), recover on Lf (2), step Rf to side (&)
- 34& Rock Lf behind Rf (3), recover on Lf (4), step Lf next to Rf (&)
- 5 6 Step Rf back with sweep (5), step Lf back with sweep (6)
- 7 8 Cross Rf behind Lf (7), make 1/2 turn R step Rf in place (8) (6:00)

## SEC 4: ROCK FWD, RECOVER, TOGETHER, BACK/LIFT, FWD TOGETHER, FWD, SWEEP, JAZZ BOX, SWAY

- 12& Rock Lf fwd (1), recover on Rf (2), step Lf next to Rf (&),
- 34& Step Rf back and lifting Lf (3), step Lf fwd (4), Step Lf next to Rf (&)
- 56& Step Lf fwd with sweep Rf from back to front (5), cross Rf over Lf (6), step Lf back (&)
- 7 8 Step Rf to side and sway to R (7), sway to L (8)

**\*\*Restart : during wall 3, 6 & 9 Dance up to 12 count and do restart, All are facing 12:00**

Happy Dancing ☐

Contact : ernij58@gmail.com