Can't Stop This Thing We Started



Compte: 32 Mur: 4 Niveau: Beginner

Chorégraphe: Peter O'Shea (AUS) - November 2023

Musique: Can't Stop This Thing We Started - Bryan Adams



Start: after short guitar intro + 32 counts of regular beat

SIDE STRUT ROCK BACK RECOVER TWICE

1-2	step R toe to side, drop R heel
3-4	step/rock L back, recover to R
5-6	step L toe to side, drop L heel
7-8	step/rock R back, recover to L

SIDE SHUFFLE ROCK BACK RECOVER, SIDE SHUFFLE ROCK BACK 1/4 TURN RECOVER

9&10	shuffle to right side stepping R, L, R
11-12	step/rock L back, recover to R
13&14	shuffle to left side stepping L, R, L

15-16 turning 1/4 right step/rock R back, recover to L

TOE STRUT x 2, ROCK FORWARD RECOVER, SHUFFLE BACK

17-18	step R toe forward, drop R heel
19-20	step L toe forward, drop L heel
21-22	step/rock R forward, recover to L
23&24	shuffle back stepping R, L, R

BACK STRUT x 2, BACK TOGETHER, SHUFFLE FORWARD

25-26	step L toe back, drop L heel
27-28	step R toe back, drop R heel
29-30	step L back, step R together
31&32	shuffle forward stepping L, R, L

REPEAT

Restart after 8 counts facing 12.00 during walls 5 and 9