

Bootshake (AB)

Compte: 32

Mur: 4

Niveau: Absolute Beginner

Chorégraphe: Kaylor Cox (USA) & Darcy Leasure (USA) - November 2023

Musique: Bootshake - Alex Smith



Part 1 // Footwork Stomp & R Grapevine

- 1 R Stomp
- 2 R Heel R (with ball of foot still on the ground - lift and swivel your heel R)
- 3 R Heel L
- 4 R Kick Forward
- 5-8 R Grapevine

Part 2 // L Grapevine & Hat Tip

- 1-4 L Grapevine
- 5 R Foot steps Forward
- 6 L Foot meets R
- 7 L Foot steps back to home
- 8 R Heel dig in place

***Added Flavor: Hat Tip Greeting when feet meet on count 6**

Part 3 // Hip Bumps & Back Slides

- 1-2 R Hip Bumps Forward
- 3-4 L Hip Bumps Back
- 5 R Foot steps Back
- 6 L Foot slides to meet R
- 7 R Foot steps Back
- 8 L Foot slides to meet R

Part 4 // Heel Digs & ¼ L Turn Lasso

- 1 R Heel Dig
- 2 R Heel Home
- 3 L Heel Dig
- 4 L Heel Home
- 5-8 Hip Rolls with ¼ Paddle Turn L

***Added Flavor: Right Arm Lasso on counts 5-8**

No Tags / No Restarts
