

Down to One

Compte: 32

Mur: 4

Niveau: Easy Improver

Chorégraphe: Heidi Jensen (NOR) - November 2023

Musique: Down to One - Luke Bryan



Side, together, Shuffle R, rock back, shuffle L

- 1-2 Step RF to R, Step LF beside RF
- 3&4 Step RF to R, step LF beside RF, Step RF to R
- 5-6 Rock LF behind RF. Recover on RF
- 7&8 Step LF to L, Step RF beside LF, Step LF to L

Cross, side, Coaster ¼ turn L, pivot ½ turn R, ¼ turn shuffle R.

- 1-2 Cross RF over LF, step LF to L
- 3&4 Cross RF behind LF, ¼ turn step LF to L, Step RF Fw
- 5-6 Step LF Fw . turn ½ to R weight on RF
- 7&8 Turn ¼ R step LF to L, Step RF beside LF, Step LF to L

Cross, side, Sailor step, cross, side, trippel ¾ turn L

- 1-2 Cross RF over LF, Step LF to L
- 3&4 Step RF behind LF, Step LF to L, Step RF to R
- 5-6 Cross LF over RF, Step RF to R
- 7&8 Cross LF behind RF whit ¼ turn L, Step RF beside LF, Step ½ with LF Fw

Rock FW, Back touch x2, Rock back, Full turn L.

- 1-2 Rock Fw on RF, recover on LF
 - &3&4 Step RF back, Touch LF beside RF, Step back on LF , touch RF beside LF
 - 5-6 Rock back on RF, recover on LF
 - 7-8 Step ½ turn on RF, Step ½ turn on LF
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