

# Used to Be Young

Compte: 48

Mur: 2

Niveau: Phrased Intermediate

Chorégraphe: Agus Harianto (INA) - November 2023

Musique: Used To Be Young - Miley Cyrus



Intro: 16 counts

Sequences : ABB TAG A BBBB A(16C) BB

\*1 Tag, No Restart

## PART A : 32c

### Section A1 - EXTEND WEAVE, CROSS ROCK, RECOVER, ¼ L, ¼ L NC

- 1&2& Cross L over R, step R to side, cross L behind R, step R to side  
3&4& Cross L over R, step R to side, cross L behind R, step R to side  
5-6& Cross rock L over R, recover on R, ¼ turn Left step L forward  
7-8& ¼ turn Left step R to side, cross L slightly behind R, cross R over L

### Section A2 - SIDE, SAILOR STEP, BEHIND, ¼ R, RECOVER, ¼ R NC, SIDE, TOUCH

- 1 Step L to side  
2&3& Cross R behind L, step L to side, step R to side, Cross L behind R  
4 - & ¼ turn Right rock forward on L, recover on L  
5-6& ¼ turn Right step R to side, cross L slightly behind R, cross R over L  
7 - 8 Step L to side, touch R next to L

### Section A3 - SYNCO V STEP, SIDE, TOUCH, ¼ R DIAMOND, ⅛ R FORWARD , FULL TURN R AND SWEEP

- 1&2& Step R forward to R diagonal, step L forward to L diagonal, step R back to center, step L next to R  
3 - 4 Step R to side, touch L next to R  
5&6& Step L to side, ⅛ turn Right step R back, step L back, ⅛ turn Right step R to side  
8&1 ⅛ turn Right step L forward, ½ turn Left step R back, ½ turn Left step L forward and sweep R to front

### Section A4 - SYNCO JAZZ BOX, FORWARD & SWEEP, CROSS, SIDE, BEHIND & SWEEP, BACK

- 2&3& Cross R over L, ⅛ turn Right step L back, step R to side, cross L over R  
4&5 Step R back, step L to side, step R forward and sweep L to front  
6&7 Cross L over R, step R to side, cross L behind R and sweep R to back  
8 Step R back

## PART B : 16c

### Section B1 - LUNGE, FULL TURN R & ARABESQUE, FORWARD ROCK, RECOVER, BACK, BACK, ¼ L SIDE, CROSS ROCK, RECOVER, SIDE

- 1-2& Lunge L to Side, ¼ turn Right step R forward, ½ turn Right step L back  
3-4& ½ turn Right step R forward as you raise L leg to L back reaching R hand up and L hand to L side, rock forward L, recover on R,  
5-6& Step L back, Step R back, ¼ turn Left step L side  
7-8& Cross rock R over L, recover on L, step R to side

### Section B2 - FORWARD & SWEEP, CROSS, SIDE, BEHIND & HITCH, BEHIND, SIDE, FWD, CHASSE TURN, FORWARD ROCK, RECOVER

- 1-2& Step L forward & sweep on R from back to front, cross R over L, step L to side  
3-4& Step R behind L & hitch on L, step L behind R, step R to side  
5-6& Step L forward, step R forward, ½ turn Left step L in Place  
7-8& Step R forward, rock L forward, recover on R

**Tag (2 counts)**

1 - 2                      Sway to L, sway to R

**ENJOY YOUR DANCE**

**Contact us**

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