

No, It's Not Goodbye

Compte: 32

Mur: 2

Niveau: Improver

Chorégraphe: Ingrid Pakasi (INA) - November 2023

Musique: It's Not Good-Bye - Laura Pausini



Section 1 : Pivot ½ Turn Left, Forward, Mambo Forward, Prissy Walk Backward (R-L), Sailor ¼ Turn Right.

- 1, 2, 3 Step R Forward, Turn ½ Left, Step R Forward
- 4 & 5 Rock R Forward, Recover on L, Step L Back
- 6, 7 Step R Behind L, Step L Behind R
- 8 & ¼ Turn Right, Step L to Side

Section 2 : Cross Rock (R – L), Unwind ¾ Left, Step Forward (L – R), Close Together.

- 1, 2 & Cross R Over L, Recover on L, Step R to Side
- 3, 4 & Cross L Over R, Recover on R, Step L to Side
- 5, 6, Cross Touch R Over L, Make ¾ Turn Left (Finish with Weight on R)
- 7, 8 & Step L Forward, Step R Forward, Close L Beside R

Section 3: Basic Night Club (R – L), ¼ Turn L, Step Back with Hook, Step Forward with Sweep, Hitch.

- 1, 2 & Step R to Side, Step L Slightly Behind R, Cross R over
- 3, 4 & Step L to Side, Step R Slightly Behind L, Cross L over
- 5, 6, ¼ Turn Left R Back, Step L Back and Hook R
- 7, 8 & Step R Forward and Sweep L from back to Front, Cross L over R, Hitch R

Section 4: Lunge R, Recover. Behind, Side, Cross, Rock Side, Recover and Turn ¼ L, Coaster Step

- 1, 2 Press weight onto R and Bending Knee, Recover On L
- 3 & 4 Step L Behind R, Step R to Side, Cross R over L
- 5, 6 Rock L to Side, Recover and Turn ¼ Left (Weight on R)
- 7 & 8 Step L Back, Step R Together, Step L Forward.

TAG 2 Count (After Wall 2)

- 1, 2 Step R Forward, Step L Beside

RESTART 2 Times

- 1. On Wall 5 after 16 Count
- 2. On Wall 6 after 30 Count, step change, close R beside L and restart)

Email: ingpakasi@gmail.com

Youtube: Ingrid Pakasi

Last Update: 14 Nov 2023