

Last Time

Compte: 32

Mur: 2

Niveau: Absolute Beginner



Chorégraphe: Yvonne M Anderson (UK) & Debbie Mabbs (UK) - November 2023

Musique: Last Time - Becky Hill

Intro: 16 counts – (approx. 8secs) - No Tags, No Restarts

R SIDE CHASSE, L ROCK BACK, R RECOVER, L SIDE CHASSE, R ROCK BACK, L RECOVER

- 1&2 Step right to right side, step left beside right, step right to right side
- 3-4 Rock back on left, recover forward on right
- 5&6 Step left to left side, step right beside left, step left to left side
- 7-8 Rock back on right, recover forward on left

MONTEREY ¼, ROCKING CHAIR

- 1-2 Point right to right side, turn ¼ right on left, Step right beside left
- 3-4 Point left to left side. Step left beside right
- 5-6 Rock forward on right, recover on left
- 7-8 Rock back on right, recover on left

WALK FORWARD R,L,R, TOUCH L FORWARD, WALK BACK L,R,L, TOUCH R

- 1-2 Walk forward right, walk forward left,
- 3-4 Walk forward right, touch left forward
- 5-6 Walk back left, walk back right
- 7-8 Walk back left, touch right beside left

HIP BUMPS X 2, JAZZ BOX ¼ TURN

- 1&2 Step right to right side, hip bump right, left, right
- 3&4 Step left to left side, hip bump left, right, left
- 5-6 Cross step right over left, step back on left
- 7-8 ¼ turn right stepping forward on right, step forward on left

Start Over

No Tags or Restarts

Have fun and enjoy ☐

Thank you to Dianna Fisher for recommending the music and to Debbie Mabbs for her contribution and her guidance on my very first choreography.

Last Update - 14 Nov. 2023 - R1