

Curug Bengkawah

Compte: 48

Mur: 4

Niveau: Phrased High Beginner



Chorégraphe: Pengurus (INA) & Instruktur ULD Pemalang (INA) - October 2023

Musique: Curug Bengkawah - artis Solihin Gigi, Gubahan : DP - Label Khas Daerah Pemalang - Kumpulan lagu campursari - music Dangdut Koplo Pemalangan

Sequence: A, A tag, A tag, A, A tag, A tag, A tag, A, A tag, B(16c)B(16c), B(8C) A tag, A tag, A tag, A, A tag, A tag, A, A tag, A, A tag, A, A tag

Intro: Start on lyric

A: 32c

SESSION 1: ROCKING CHAIR - SIDE-TOGETHER- SIDE- TOUCH

1-2-3-4 Step R. Fwd, Step L in place, Step R fwd, Step L in place

5-6-7-8 Step R to side, Step L Together, Step R to side, Step L together

SESSION 2: TOUCH CROSS FWD-TOUCH SIDE- CROSS SHUFFLE

1-2 Touch R over L-hold

3-4 Touch R to side- hold

5-6-7-8 Cross R over L, Step L to side, Cross R over L, Step L to side

SESSION 3: Scissor step (L-R)

1-2-3-4 Step L to side, Step R together, Cross L over R, Hold

5-6-7-8 Step R to side, Step L Together, Step R over L, Hold

SESSION 4: FORWARD- TOUCH

1-2-3-4 Step L forward, Turn 1/4 R, Step R Together, Cross L over R, Hold

5-6-7-8 touch R forward- Step R together- Touch L forward- Step L together

TAG : (4C) V STEP

1-2-3-4 Step R diagonal fwd - step L diagonal fwd, Step R back to centre - step L together

B: 16c

SESSION 1 - S1.Extended lock step 1/2 turn R & L

1&2&3&4 Turn 1/8 R, step R forward (1)- lock L behind R (&)- Turn 1/8 R, step R forward (2) - lock L behind R(&) - Turn 1/8 R, Step R forward (3) - Lock L behind R(&) Turn 1/8 R, Step R fwd (4)

5&6&7&8 Turn 1/8 L, Step L forward (5) -lock R behind L(&) Turn 1/8 L, Step L fwd (6) -lock R behind L(&), turn 1/8 L, step R fwd (7), lock R behind R (&), turn 1/8 L, step L fwd (8)

SESSION 2 - 2.RUMBA BOXES, TOUCH,SWAY

1&2&3&4 Step R to side- step L together-step R back- touch L beside R, Step L to side-step R together- step L forward

5&6& Touch R fwd- step R together- Touch L forward- step L together

7&8& Sway (R-L-R-L)

Our email address: yulaizah.naniek2@gmail.com, uldpemalang@gmail.com