

# Mi Vida

**COPPER** **KNOB**  
BY STEPHENETS

**Compte:** 32

**Mur:** 4

**Niveau:** High Beginner

**Chorégraphe:** Arisps (INA) - October 2023

**Musique:** Dj Samuel Kimkò Ft. El 3mendo a Aaron Paris - Mi Vida - I passi ufficiali del ballo



**No Tag No Restart**

**Intro Dance : 32 Count**

## **SECT 1 : WEAVE (L) - JAZZ BOX**

- 1 - 4            Cross RF over LF, step LF to side, cross RF behind LF, touch LF to side
- 5 - 8            Cross LF over RF, step RF back, step RF to side, close RF next to LF

## **SECT 2 : WEAVE (R) - ¼ JAZZ BOX TURN RIGHT**

- 1 - 4            Cross LF over RF, step RF to side, cross LF behind RF, touch RF to side
- 5 - 8            Cross RF over LF, ¼ turn right step LF back, step RF to side, close LF next to RF

## **SECT 3 : MAMBO SIDE (R,L) - WALK FWD R,L - KICK BALL CHANGE**

- 1 & 2            Step RF to side, recover on LF, close RF next to LF
- 3 & 4            Step LF to side, recover on RF, close LF next to RF
- 5 - 6            Walk forward R, L
- 7 & 8            Kick RF fwd, close RF next to LF, step LF in place

## **SECT 4 : ANCHOR STEP - SAILOR STEP**

- 1 & 2            Rock RF behind LF, recover on LF, step RF next to LF
- 3 & 4            Rock LF behind RF, recover on RF, step LF next to RF
- 5 & 6            Cross RF behind LF, step LF to side, step RF to side
- 7 & 8            Cross LF behind RF, step RF to side, step LF to side

**Happy fun Dancing** ☐

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