

Throwback Remix

Compte: 32

Mur: 4

Niveau: High Beginner



Chorégraphe: Patricia Soran (AUT) - October 2023

Musique: Throwback (LIZOT Remix) - Michael Patrick Kelly & LIZOT

Intro: 16 Counts after start of lyrics

Counts [1-8]: CROSS-POINT R+L, CROSS R, ¼-TURN R AND STEP BACK L, ¼-TRIPLE-TURN R

- 1-4 Cross RF over LF; Point LF to side; Cross LF over RF; Point RF to side
- 5-6 Cross RF over LF; ¼-turn right (3.00) and step back LF
- 7&8 Step to side with RF; Step together with LF; ¼-turn right (6.00) and step fwd. with RF

Counts [9-16]: TAP FWD. L, POINT&POINT, HOLD, CROSS BEHIND, ¼-TURN L AND STEP FWD.; ¼-TURN L and SIDE-STEP, TOUCH BEHIND

- 1-2 Tap LF fwd.; Point LF to side
- &3-4 Step together with LF (&); Point RF to side (3); Hold (4)
- 5-6 Cross RF behind LF; ¼-turn left (3.00) and step LF fwd.
- 7-8 ¼-turn left (12.00) and step RF to side; Touch LF behind RF

Counts [17-24]: SIDE-CROSS, HOLD, 2x SIDE-CROSS, SIDE-ROCK, CROSS BEHIND, ¼-TURN L, STEP FWD. L

- &1-2 Small Step to side with LF (&); Cross RF over LF (1); Hold (2)
- &3&4 Small Step to side with LF; Cross RF over LF; Small Step to side with LF; Cross RF over LF
- 5-6 Rock LF to side; Recover on RF
- 7&8 Cross LF behind RF; ¼-turn left (3:00) and step RF fwd.; Small step LF fwd.

Counts [25-32]: MOD. HEEL STRUTS R+L; ½-STEP-TURN L, FULL TURN L

- 1-4 Tap right heel fwd. (1); Small Hitch right (&); Step RF fwd. (2) Tap left heel fwd. (3); Small Hitch left (&); Step LF fwd. (4)
- 5-6 Step RF fwd.; ½-turn left (9:00) and transfer weight on LF
- 7-8 ½-turn left (3:00) and step back with RF; ½-turn left (9:00) and step fwd. with LF – or optional walk fwd. R+L

HAPPY DANCING!

Email: patricia.soran@linea7.com