

Easy on a Heart

Compte: 40

Mur: 2

Niveau: Improver

Chorégraphe: Jim Sandham (UK) - October 2023

Musique: Easy On A Heart - Alex Hall



Intro : 24 counts

Section 1 Side Together, Side Chasse, Cross Rock, Side Chasse

1-2 step right to right side, step left to right
3&4 right step side, left together, right step side
5-6 cross left over right, recover onto right
7&8 left step to side, right together, left step side

Section 2 Weave left, cross rock, ¼ turn shuffle

1-2 cross right over left, step left to side
3-4 cross right behind left, step left to side
5-6 cross right over left, recover onto left
7&8 ¼ turn right stepping right, left right

Section 3 Cross Point, Cross Point, Jazzbox

1-2 cross left over right, point right to side
3-4 cross right over left, point right to side
5-6 cross left over right, step back on right
7-8 step left beside right, touch right beside left

Section 4 Right Shuffle, Rock Recover, ¾ turn Shuffle

1&2 step right forward, left together, right forward
3-4 rock forward on left, recover onto right
5&6 ¾ turn left stepping left, right, left
7-8 rock forward right, recover onto left

Section 5 ½ turn Shuffle, ½ turn Shuffle, Rock Recover, Walk Walk

1&2 ½ turn shuffle right stepping right, left, right ***
3&4 ½ turn shuffle right stepping left, right, left
5-6 rock back on right recover onto left
7-8 walk forward right, left

Alternative steps for 1-4 right shuffle back, left shuffle back