

A Long Lonely Road

COPPER **KNOB**
BY SHEETS

Compte: 48

Mur: 4

Niveau: Improver

Chorégraphe: Charlotte Steele (SA) - September 2023

Musique: Life's Just a Long Lonely Road - The Cats



Intro: 16 counts. Start on vocals, on the word "....talking..." ("I was talking with an old man....")
No Tags or Restarts.

Sec.1 Heel Struts Forward R-L-R-L with Finger Clicks/Snaps.

- 1,2 Touch R heel forward, drop R toes and click/snap fingers
- 3,4 Touch L heel forward, drop L toes and click/snap fingers
- 5,6 Touch R heel forward, drop R toes and click/snap fingers
- 7,8 Touch L heel forward, drop L toes and click/snap fingers (12:00)

Sec.2 Diagonal Back Step-Touch R-L-R-L with Claps x4.

- 1,2 Step R back to right diagonal, touch L next to R and clap
- 3,4 Step L back to left diagonal, touch R next to L and clap
- 5,6 Step R back to right diagonal, touch L next to R and clap
- 7,8 Step L back to left diagonal, touch R next to L and clap (12:00)

Sec.3 Monterey 1/4 Turn Right x2.

- 1,2 Touch R out to right side, turn ¼ right on ball of L and step R next to L (3:00)
- 3,4 Touch L out to left side, step L next to R
- 5,6 Touch R out to right side, turn ¼ right on ball of L and step R next to L (6:00)
- 7,8 Touch L out to left side, step L next to R (weight onto L)

Sec.4 Weave Left. Cross Shuffle R-L-R. L Side Rock-Recover.

- 1-4 Cross R over L, step L to left side, step R behind L, step L to left side
- 5&6 Cross R over L, small step L to left side, cross R over L
- 7,8 Rock L to left side, recover onto R (6:00)

Sec.5 Weave Right., Cross Shuffle LRL. R Side Rock-Recover.

- 1-4 Cross L over R, step R to right side, step L behind R, step R to right side
- 5&6 Cross L over R, small step R to right side, cross L over R
- 7,8 Rock R to right side, recover onto L (6:00)

Sec.6 Toe Strut Jazz Box with 1/4 Turn Right.

- 1,2 Cross touch R toes over L, drop R heel
- 3,4 Step/touch L toes back, drop L heel
- 5,6 Pivot ¼ right and step/touch R toes to right side, drop R heel (9:00)
- 7,8 Step/touch L toes forward, drop L heel

Start Again

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