

# One Night at a Time (P)

**COPPER KNOB**  
STEPPERS

Compte: 64

Mur: 0

Niveau: Improver - Partner

Chorégraphe: Suzanne Laverdière (CAN) & Marc Laliberté (CAN) - September 2023

Musique: One Night At a Time - George Strait



Closed Western Position Man facing L.O.D. and lady facing R.L.O.D.  
Opposite footwork, except where noted

Intro: 32 counts

[1-8]

**M: (WALK, WALK, SHUFFLE FWD) X2**

**L: (BACK, BACK, SHUFFLE BACK) X2**

- 1-2 M: Step fwd L - Step fwd R  
L: Step back R - Step back L
- 3&4 M: Shuffle fwd L-R-L  
L: Shuffle back R-L-R
- 5-6 M: Step fwd R - Step fwd L  
L: Step back L - Step back R
- 7&8 M: Shuffle fwd R-L-R  
L: Shuffle back L-R-L

[9-16]

**M: ROCK STEP, SHUFFLE BACK, ROCK BACK, SHUFFLE FWD**

**L: ROCK BACK, SHUFFLE FWD, STEP, PIVOT 1/2 TURN R, SHUFFLE 1/2 TURN R**

- 1-2 M: Rock fwd L - Replace weight on R  
L: Rock back R - Replace weight on L
- 3&4 M: Shuffle back L-R-L  
L: Shuffle fwd R-L-R
- 5-6 M: Rock back R - Replace weight on L  
L: Step fwd L - Pivot 1/2 Turn right

**Raise the man's left arm over lady**

- 7&8 M: Shuffle fwd R-L-R  
L: Shuffle 1/2 Turn right L-R-L

**Resume Closed Western Position**

[17-24]

**M: (WALK, WALK, WALK, HOLD) X2**

**L: (BACK, BACK, BACK, HOLD) X2**

- 1-2-3-4 M: Step fwd L - Step fwd R - Step fwd L - Hold  
L: Step back R - Step back L - Step back R - Hold
- 5-6-7-8 M: Step fwd R - Step fwd L - Step fwd R - Hold  
L: Step back L - Step back R - Step back L - Hold

[25-32]

**M: (1/4 TURN R, TOUCH, SIDE, TOUCH) X2**

**L: (1/4 TURN R, TOUCH, SIDE, TOUCH) X2**

- 1-2 M: Turn 1/4 right stepping side L - Touch R next to L O.L.O.D.  
L: Turn 1/4 right stepping side R - Touch L next to R I.L.O.D.
- 3-4 M: Step side R - Touch L next to R  
L: Step side L - Touch R next to L
- 5-6 M: Turn 1/4 right stepping side L - Touch R next to L R.L.O.D.  
L: Turn 1/4 right stepping side R - Touch L next to R L.O.D.

7-8 M: Step side R - Touch L next to R  
L: Step side L - Touch R next to L

**TAG Here at the 5th repetition of the dance...**

**[33-40]**

**M: SIDE, TOGETHER, SHUFFLE 1/4 TURN L, ROCKING CHAIR**  
**L: SIDE, TOGETHER, SHUFFLE 1/4 TURN R, ROCKING CHAIR**

1-2 M: Step side L - Step R next to L  
L: Step side R - Step L next to R

3&4 M: Shuffle 1/4 turn left L-R-L  
L: Shuffle 1/4 Turn right R-L-R

**Release hands and take Right Open Position facing O.L.O.D.**

5-6 M: Rock fwd R - Replace weight on L  
L: Rock fwd L - Replace weight on R

7-8 M: Rock back R - Replace weight on L  
L: Rock back L - Replace weight on R

**[41-48]**

**M: STEP, PIVOT 1/2 Turn L, SHUFFLE FWD, ROCKING CHAIR**  
**L: STEP, PIVOT 1/2 Turn R, SHUFFLE FWD, ROCKING CHAIR**

1-2 M: Step fwd R - Pivot 1/2 Turn left  
L: Step fwd L - Pivot 1/2 Turn right

**Release hands and take Left Open Promenade Position facing I.L.O.D.**

3&4 M: Shuffle fwd R-L-R  
L: Shuffle fwd L-R-L

5-6 M: Rock fwd L - Replace weight on R  
L: Rock fwd R - Replace weight on L

7-8 M: Rock back L - Replace weight on R  
L: Rock back R - Replace weight on L

**[49-56]**

**M: 1/4 TURN L, BACK, SHUFFLE BACK, 1/4 TURN L, 1/4 TURN L, SHUFFLE FWD**  
**L: 1/4 TURN R, STEP, SHUFFLE FWD, 1/4 TURN R, 1/4 TURN R, SHUFFLE BACK**

1-2 M: Turn 1/4 left stepping back L - Step back R  
L: Turn 1/4 right stepping fwd R - Step fwd L

**Take Closed Western Position, man facing R.L.O.D. and lady facing L.O.D.**

3&4 M: Shuffle back L-R-L  
L: Shuffle fwd R-L-R

5-6 M: Turn 1/4 left stepping back R - Turn 1/4 left stepping fwd L  
L: Turn 1/4 right stepping fwd L - Turn 1/4 right stepping back R

**Raise the man's left arm over lady**

**Take Closed Western Position, man facing L.O.D. and lady facing R.L.O.D.**

7&8 M: Shuffle fwd R-L-R  
L: Shuffle back L-R-L

**[57-64]**

**M: (DIAGONAL STEP, TOUCH) X2, (DIAGONAL BACK, TOUCH) X2**  
**L: (DIAGONAL BACK, TOUCH) X2, (DIAGONAL STEP, TOUCH) X2**

1-2 M: Step fwd diagonally L - Touch R next to L  
L: Step back diagonally R - Touch L next to R

3-4 M: Step fwd diagonally R - Touch L next to R  
L: Step back diagonally L - Touch R next to L

5-6 M: Step back diagonally L - Touch R next to L  
L: Step fwd diagonally R - Touch L next to R

7-8 M: Step back diagonally R - Touch L next to R

L: Step fwd diagonally L - Touch R next to L

**Start over...**

**TAG At the 5th repetition of the dance after the 32 first counts, add these Tag and restart from the beginning**  
**[1-4] M & L: (1/4 TURN R, TOUCH) X2**

1-2 M: Turn 1/4 right stepping side L - Touch R next to L I.L.O.D.

L: Turn 1/4 right stepping side R - Touch L next to R O.L.O.D.

3-4 M: Turn 1/4 right stepping side R - Touch L next to R L.O.D.

L: Turn 1/4 right stepping side L - Touch R next to L R.L.O.D.

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