

# Break The Tension

**COPPER** KNOB  
BY STEPHENETS

Compte: 32

Mur: 4

Niveau: Beginner

Chorégraphe: Paul James (UK) - September 2023

Musique: Tension - Kylie Minogue



## Intro: 32 Counts

### [1-8] Step Touch x2, Rock Recover, Step, Rock Recover, Step.

1,2 Step RF forward (1) Touch L Toe behind RF (2)  
3,4 Step LF forward (3) Touch R Toe behind LF (4)  
5,6& Rock RF forward (5) Recover weight onto LF (6) Step RF next to LF (&)  
7,8& Rock LF forward (7) Recover weight onto RF (8) Step LF next to RF (&)

### [9-16] Step ¼ Pivot L, Touch, Step ¼ R, ¼ Jazz Box.

1,2 Step RF forward (1) Make ¼ turn L, touching L Toe next to RF (2) 9.00  
3,4 Step LF forward (3) Make ¼ turn R, placing weight on RF (4) 12.00  
5,6 Cross LF over RF (5) Make ¼ turn L stepping back on RF (6) 9.00  
7,8 Step LF to L (7) Cross RF over LF (8)

### [17-24] Side, Together, Side Close Side, Cross Rock, Recover, Side Close Side.

1,2 Step LF to L (1) Step RF next to LF (2)  
3&4 Step LF to L (3) Close RF next to LF (&) Step LF to L (4)  
5,6 Cross rock RF over LF (5) Recover weight onto LF (6)  
7&8 Step RF to R (7) Close LF next to RF (&) Step RF to R (8)

### [25-32] Cross Heel Jack, Hold, Step Touch, Point Switches x3, Hitch.

1&2 Cross LF over RF (1) Step RF to R (&) Touch L Heel to L diagonal (2)  
3&4 Hold (3) Step LF to L (&) Touch R Toe next to LF (4)  
5&6& Point R Toe to R (5) Step RF next to LF (&) Point L Toe to L (6) Step LF next to RF (&)  
7,8 Point R Toe to R (7) Hitch R Knee (8)

Demo Video Available – YouTube Account @cudgeecoo

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Happy Dancing