

One Love

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Sofyan Anas (INA) - September 2023

Musique: One Love | Blue | DJ R-NATION REMIX | REMIX 2017



> No Tag & Restart

Start Dance : After 32 c / Start on lyric

I. SUGAR PUSH, COASTER TURN 1/4 L, ROCK FORWARD.

- 1 - 2 Step R forward, L forward
- 3 & 4 Step R forward, Close L beside R, Push back on R
- 5 & 6 1/4 turn L Step L back, Close R beside L, L forward (9:00)
- 7 - 8 Step R forward, Recover on L

II. SAILOR STEP (R-L), JAZZ BOX ½ TURN R.

- 1 & 2 Step R behind L, Step L to side L, Step R to side R.
- 3 & 4 Step L behind R, Step R to side R, Step L to side L.
- 5,6,7,8 R over L, turn R 1/2 L back, Step R to side, Step R forward. (3:00).

III. SAMBA WISK (R-L), CROSS SAMBA (R-L)

- 1 a 2 Step R to side, Cross L behind R, Recover on R.
- 3 a 4 Step L to side, Cross R behind L, Recover on L.
- 5 a 6 Cross R over L, Rock Left to L, Recover weight onto right
- 7 a 8 Cross L over R, Rock Right to R, Recover weight onto Left.

IV. FULL TURN R VOLTA , SIDE MAMBO, FORWARD MAMBO TOUCH.

- 1a2a 1/4 turn R step R forward, Step L beside R, 1/4 turn R step R forward, Step L beside R.
- 3 a 4 Turn 1/4 R step R forward, Step R beside R, Turn 1/4 R step R forward.
- 5 & 6 Step L to side, Recover on R, Close L beside R.
- 7 & 8 Step R forward, Recover on L, R touch beside L.

Dancing with Your Heart...♥

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Last Update: 29 Sep 2023
