

# Dancing Hearts

**Compte:** 48

**Mur:** 4

**Niveau:** Beginner

**Chorégraphe:** M. Vasquez (UK) - September 2023

**Musique:** Their Hearts Are Dancing - The Forester Sisters



## [1-12] Waltz Balance – Forward, Back, Right Twinkle

- 1-3 Step forward on L foot, Step R foot next to L, Step L in place
- 4-6 Step back on R foot, Step L foot next to R, step R in place
- 7-9 Step back on L foot, Step R foot next to L, Step L foot in place
- 10-12 Cross R foot in front of L, Step L foot to L side, Step R foot to the R side

## [13-24] Cross, Behind, Slide, Left Twinkle, Right Twinkle, Left Slow Sailor

- 1-3 Cross L foot behind R, Step R foot to R side, Slide L foot to R
- 4-6 Cross L foot in front of R, Step R foot to R side, Step L foot to L side
- 7-9 Cross R foot in front of L, Step L foot to L side, Step R foot to R side
- 10-12 Cross L foot behind R, Step R foot to R side, Step L foot to L side

## [25-36] Right Slow Sailor, Left 1/4 Pivot Turn, Side, Slide, Right Cross Rock, Recover, Left Cross Rock Recover

- 1-3 Cross R foot behind L, Step L foot to L side, Step R foot to R side
- 4-6 On ball of R Foot pivot 1/4 L, Step L foot to L side, Slide R foot next to L
- 7-9 Cross/rock R foot over L, Recover back on L, Step R foot in place
- 10-12 Cross/rock L foot over R, Recover back on R. Step L foot in place

## [37-48] Left Weave, Sweep, Behind, Side, Waltz Balance Step with 1/2 Turn Left

- 1-3 Cross R foot over L, Step L foot to L side, Cross R foot behind L
- 4-6 Sweep Left foot front to back, step back on Left foot, Step R foot to R side
- 7-9 Step forward on L foot turning 1/2 L, Step R foot next to L, Step L foot in place
- 10-12 Step back on R foot, Step L foot next to R, Step R foot in place

**E-mail:** [matt.vasquez@rocketmail.com](mailto:matt.vasquez@rocketmail.com)