

# HEAT WAVE! Down at the Lah De Dah

**COPPER** **KNOB**  
STEPSHEETS

**Compte:** 32

**Mur:** 2

**Niveau:** Easy Beginner



**Chorégraphe:** Susan Prats (USA) - September 2023

**Musique:** Down at the Lah De Dah - Jimmy Buffett

ou: Venus - Shocking Blue

ou: BLESS MY MESS - Darius Rucker

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**NO Tags! NO Restarts!**

**Begin :08**

**STOMP RIGHT, KICK, TRIPLE; STEP LEFT, WALK RIGHT FOOT TO LEFT**

1-2, 3&4 Stomp R (1), kick forward (2), step R (3), L (&), R (4)

5-6, 7&8 Step side L (5), R heel in (6), R toes in (7), R heel in (8) keep weight on L foot

**STOMP RIGHT, KICK, TRIPLE; STEP LEFT, WALK RIGHT FOOT TO LEFT**

1-2, 3&4 Stomp R (1), kick forward (2), step R (3), L (&), R (4)

5-6, 7&8 Step side L (5), R heel in (6), R toes in (7), R heel in (8) keep weight on L foot

**STEP RIGHT SIDE, STEP TOGETHER, STEP, TOUCH, HALF TURN, STEP LEFT SIDE, STEP TOGETHER**

1-4 Step R side (1), step together L (2), step R side (3), touch L (4)

5-8 Half turn, step L side (5), step R together (6), step L side (7), touch R (8)

**JAZZ BOX; STEP TOUCH FORWARD AND BACK WITH CLAPS 2X**

1-4 Step R over L (1), step L back (2), step R side (3), step together (4)

5-8 Step forward R (5), touch L and clap (6), step back L (7), touch R and clap (8)

**RESTART**

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