

# Ella Baila Sola

**Compte:** 32

**Mur:** 4

**Niveau:** High Beginner

**Chorégraphe:** Wendy Loh (MY) - June 2023

**Musique:** Ella Baila Sola - Eslabon Armado & Peso Pluma



**Dance start on vocal (14 sec approx. ....)**

## **Section 1: Mambo Step, Mambo Step, Cross & Touch & Cross & Touch**

- 1 & 2            Rock RF Forward, Recover on LF, Step RF Back
- 3 & 4            Rock LF Backward, Recover on RF, Step LF Forward
- 5&6&            Cross RF over LF, Step LF to L, Touch RF to R, Step on RF
- 7&8&            Cross LF over RF, Step RF to R, Touch LF to F, Step on LF

## **Section 2: Rolling Vine, Step Together, Step Touch**

- 1 2 3 4            Turn 1/4R Step RF to Forward, Turn 1/2R Step LF Back, Turn 1/4R Step RF to R, Touch LF to Left
- 5 6 7 & 8        Step LF to L, Step RF next to LF, Side Chasse on LF,RF,LF

## **Section 3: 1/4L Turn Cross Shuffle, Side Mambo**

- 1 2                Step RF Forward, 1/4L Turn
- 3 & 4 &            Cross RF over LF, Step LF on L, Cross RF over LF, Step LF on L
- 5 & 6                Cross RF over LF, Step LF on L, Cross RF over LF
- 7 & 8                Rock LF to L, Recover on RF, Step LF together

## **Section 4: 1/4L Turn, Samba Whisk, Paddle x2**

- 1 2 &                1/4L Turn Step RF to R, Rock Back on LF, Recover on RF
- 3 4 &                Step LF to L, Rock Back on RF, Recover on LF
- 5 6 7 8             Step RF to R, 1/8L Turn, Step RF to R, 1/8L Turn

**Restart at wall 2 after 16 counts (3:00)**

**ENJOY!**

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