Mei Fei Se Wu (眉飞色舞)



Compte: 32 Mur: 4 Niveau: Beginner

Chorégraphe: Yanti Tannjoek (INA) - September 2023

Musique: Mei Fei Se Wu (眉飛色舞) - Sammi Cheng (鄭秀文)



SEQUENCE: A-B-B-C-C-C-C-C-C-C-TAG: Hold (4 counts) after Part B (32c)

Intro Dance

Part A

SEC 1: HIP BUMP (with HAND POINT UP)

Touch LF with bumping hip up, hip down, hip up, hip down (right hand point up)

Touch RF with bumping hip up, hip down, hip up, hip down (left hand point up)

SEC 2: HIP BUMP (with HAND POINT DOWN)

Touch LF with bumping hip up, hip down, hip up, hip down (right hand point down)

Touch RF with bumping hip up, hip down, hip up, hip down (left hand point down)

SEC 3: ROCKING CHAIRS (with SHIMMY SHOULDER)

1-4 Rock RF forward, Recover on LF, Rock RF Back, Recover on LF
 5-8 Rock RF forward, Recover on LF, Rock RF Back, Recover on LF

SEC 4: Repeat SEC 3

PART B

SEC 1: HIP BUMP (with HAND POINT FORWARD)

touch LF with bumping hip up, hip down, hip up, hip down (right hand point forward)

Touch RF with bumping hip up, hip down, hip up, hip down (left hand point forward)

SEC 2: SIDE TOUCH R,L,R,L

step RF to side, touch LF beside RF, step LF to side, touch RF beside RF
 step RF to side, touch LF beside RF, step LF to side, touch RF beside RF

SEC 3: SIDE TOUCH - SWAY (with HAND POINT UP)

1-4 step RF to side, touch LF beside RF, step LF to side, touch RF beside RF

5-8 sway R,L,R,L

SEC 4: GRAPEVINE R & L

step RF to side, cross LF behind RF, step RF to side, touch LF beside RF
 step LF to side, cross RF behind LF, step LF to side, touch RF beside LF

Tag: Hold 4 counts

REPEAT PART B

MAIN DANCE - PART C

SEC 1: TAP RIGHT, TOGETHER, TAP LEFT, TOGETHER - V STEP

1-4 tap RF to side, step RF next to LF, tap LF to side, step LF next to RF

5-8 step RF diagonally fwd, step LF diagonally fwd, step RF back, closed LF beside RF

SEC 2: SIDE SACHEE - BACK ROCK - RECOVER (R & L)

1&2 step RF to R, step LF beside RF, step RF to R

3-4 LF step backward, recover on R

5&6 step LF to L, step RF beside LF, step LF to L

7-8 RF step backward, recover on L

SEC 3: CROSS TOUCH R & L - JAZZ BOX 1/4 RIGHT TURN

1-4 cross RF forward, touch LF to side, cross LF forward, touch RF to side

5-8 step RF cross over LF, step LF backward, 1/4 turn R stepping RF to side, step LF cross over

RF

SEC 4: ROCKING CHAIRS - SIDE TOUCH R & L

1-4 rock RF forward, recover on LF, rock RF backward, recover on LF

5-8 step RF to side, touch LF beside RF, step LF to side, touch RF beside LF

Happy Dance

Regards, Yanti Tannjoek