

Tsika

Compte: 32

Mur: 2

Niveau: Beginner/Beginner +



Chorégraphe: Maryse Fourmage (FR) & Angéline Fourmage (FR) - 15 August 2023

Musique: Tsika - Zily

[1-8] Mambo, Side, Mambo, Side, Mambo, Mambo

- 1&2 RF to the R side, Recover to LF, RF next to LF (option: shimmy)
- 3&4 LF to the L side, Recover to RF, LF next to RF (option: shimmy)
- 5&6 RF FW, Recover to LF, RF Back
- 7&8 LF Back, Recover to RF, LF FW

[9-16] 1/8L, 1/8L, Point, Hitch, Point, Cross with clap, Hold

- 1-2 RF FW, Make 1/8L
- 3-4 RF FW, Make 1/8L (Weight is on LF)
- 5&6 Point RF to the R side, Hitch R, Point RF to the R side
- 7-8 Cross RF over LF with Clap, Hold

[17-24] Rock-side, Cross with clap, Clap your arm, Armx3, Sweep ¼ L with L arm, Touch

- 1&2 LF to the L side, Recover to RF, Cross LF over RF with Clap
- 3-4 RF to the R side with Clap to the R side, Touching the middle of the right arm with the left hand
- 5-6 Touching the right shoulder with the left hand, Touching the middle of the bust with your left hand
- 7-8 Make a circle with Left arm at the same time make 1/4 L with R Sweep, Touch RF next to LF at the same time Touching the left shoulder with the left hand

[24-32] Toe-strut, Toe-strut, Hip-Roll

- 1-2 Toe-strut RF on the diagonal R FW (Option: With Hips)
- 3-4 Toe-strut LF on the diagonal L FW (Option: With Hips)
- 5-6-7-8 Make a circle with the hips (Weight is on LF) (You can make 1 circle or several circles)

Smile and enjoy the dance

Contact : maellynedance@gmail.com
