

Pusing Pala Barbie

Compte: 64

Mur: 1

Niveau: Phrased High Beginner

Chorégraphe: Yusrianci Edy (INA) - August 2023

Musique: Pusing Pala Barbie - Puteri Bahar



Part A : 32 Count

Part B : 32 Count

Sequence : AAB AAA AAA AA BB

Part A

Section 1 : Rhumba Box With Shuffle

123&4 Step RF to R, Close LF Beside RF, Step RF Forward, LF Next To RF, Step RF Forward

567&8 Step LF to L, Close RF Beside LF, Step LF Back, RF Next to LF, Step LF Back

Section 2 : Cross Over, Side Shuffle, Full Turn, Side Shuffle

123&4 Cross RF over LF, Recover on LF, Step RF to R, Close LF Beside RF, Step RF to R

567&8 1/4 Turn R Step RF Forward, 1/4 Turn R Step LF to L, 1/2 Turn R Step LF to L, Close RF Beside LF, Step LF to L

Section 3 : Pivot 1/2 , Forward Shuffle, Pivot 1/2, Forward Shuffle

123&4 1/2 Turn L Step RF Forward, Recover on LF, Step RF Forward, LF Next To RF, Step RF Forward

567&8 1/2 Turn R Step LF Forward, Recover on RF, Step LF Forward, RF Next To LF, Step LF Forward

Section 4 : Cross Over, Side Touch, Cross Back, Side Touch

1234 Cross RF Over LF, Touch LF to L, Cross LF Over RF, Touch RF to R

5678 Cross RF Behind LF, Touch LF to L, Cross LF Behind RF, Touch RF to R

Part B

Section 1 Out, Out, In, In

1234 Step RF Forward 1/8 Diagonal, Step LF Forward 1/8 Diagonal, Step RF Back, Step LF Back

5678 Step RF Forward 1/8 Diagonal, Step LF Forward 1/8 Diagonal, Step RF Back, Step LF Back

Section 2 Side, Close, Side, Touch

1234 Step RF to R, Close LF Beside RF, Step RF to R, Touch LF Beside RF

5678 Step LF to L, Close RF Beside LF, Step LF to L, Touch RF Beside LF

Section 3 Step Back, Stomp

1234 Step RF Back, Step LF Back, Step RF Back, Step LF Back

5678 Stomp RLRL

Section 4 Step Forward, Stomp

1234 Step RF Forward, Step LF Forward, Step RF Forward, Step LF Forward

5678 Stomp RLRL

yussriancie@gmail.com