

My Macho Ez

Compte: 32

Mur: 2

Niveau: Beginner

Chorégraphe: Mirai Cici (INA) & Indri Widi (INA) - August 2023

Musique: My Macho - Jessica Jay



#START AFTER 16 SECOND

SECT I . CHASSE RIGHT , BACK RECOVER ,CHASSE LEFT ,BACK RECOVER

- 1 & 2 Step Rf to side , Lf beside Rf ,Rf to side
- 3 - 4 Step Lf back Rf , recover on Rf
- 5 & 6 Step Lf to side , Rf beside Lf , Lf to side
- 7 - 8 Step Rf back Lf , recover on Lf

SECT II . 2X CHA CHA (R-L), JAZZ BOX TURN RIGHT ¼

- 1 & 2 Step Rf forward , Lf beside Rf , Rf forward
- 3 & 4 Step Lf forward , Rf beside Lf , Lf forward
- 5 - 6 Step Rf cross over Lf , Lf back turn right ¼
- 7 - 8 Step Rf to side , Lf forward

SECT III . SIDE ROCK , BEHIND SIDE FORWARD , SIDE ROCK , CROSS SHUFFLE

- 1 - 2 Step Rf to side , Recover on Lf
- 3 & 4 Step Rf behind Lf , Lf beside Rf , Rf forward
- 5 - 6 Step Lf to left , Recover on Rf
- 7 & 8 Step Lf cross over Rf , Rf to side , Cross Lf over Rf

#Note : Second option to easy step on sect III :

SIDE SHUFFLE (R - L)

- 1 - 2 Step Rf to side , Lf beside Rf
- 3 & 4 Step Rf to side , Lf beside Rf , Rf to side
- 5 - 6 Step Lf to side , Rf beside Lf
- 7 & 8 Step Lf to side , Rf beside Lf , Lf to side

SECT IV : MONTEREY (R-L) TURN RIGHT ¼ , ROCKING CHAIR

- 1 - 2 Touch toe Rf to side , Rf close Lf turn right ¼
- 3 - 4 Touch TOE Lf to side , Lf close Rf
- 5 - 6 Step Rf forward , Recover on Lf
- 7 - 8 Step Rf back , Recover on Lf

NO TAG , NO RESTART

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