

# Cowgirls

**COPPER** KNOB  
BY STEPHEN

**Compte:** 16

**Mur:** 4

**Niveau:** Beginner

**Chorégraphe:** Cathy Snow (USA) - August 2023

**Musique:** Cowgirls (feat. ERNEST) - Morgan Wallen



**Intro: 16 Counts**

**NO RESTARTS or TAGS**

## **[1-8] MAMBO RIGHT, MAMBO LEFT, MAMBO FORWARD, MAMBO BACK**

1&2 Rock R to R side; recover L; step R

3&4 Rock L to L side; recover R, step L

5&6 Rock forward on right foot, rock back on left foot, step back on right foot

7&8 Rock back on left foot, rock forward on right foot, step forward on left foot

## **[9-16] SHUFFLE BACK, ¼ TURNING SAILOR; FORWARD SHUFFLE R, L, R; SHUFFLE L, R, L**

1&2 Shuffle Back R, L, R

3&4 ¼ Turn L behind R; Step R to R side; Step L to L side

5&6 Shuffle forward R, L, R

7&8 Shuffle forward L, R, L

**Variation: 1. Instead of shuffles ([9-16] steps (7&8) to complete dance, dance first shuffle, then turning shuffle L, R, L (weight ending on L) Restart dance.**

**Variation: 2. Depending on level of dancers you can change 1-4 to scissors and 5-8 mambo front and back.**

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**Last Update:** 24 Mar 2025

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