

# Best Days

Compte: 64

Mur: 4

Niveau: Phrased Intermediate



Chorégraphe: Annika Domke (DE)

Musique: Best Days - Anastacia

Sequence: AAA ABB\* AAB BTagB BBB

Start the dance after 16 counts

**Part A: 32 counts**

**A1 Double-Step-Touch, 2x Step-Touch**

1 2 3 4 Rf step to right side, Lf close beside Rf, Rf step to right side, Lf touch beside Rf

5 6 7 8 Lf step to left side, Rf touch beside LF, Rf step to right side, Lf touch beside Rf

**A2 Grapevine, 3-Step-Turn**

1 2 3 4 Lf step to left side, Rf cross behind Lf, Lf step to left side, Rf touch beside Lf

5 6 7 8 ¼ turn right Rf step forward, ¼ turn right Lf step to left side, 5/8 turn right Rf step to right side, Lf touch beside Rf facing 1:00

**A3 Jazzbox ¼ turn, Rocking Chair**

1 2 3 4 Lf forward cross Rf, ¼ turn left step Rf back, 1/8 turn left step Lf to left side, step Rf forward facing 9:00

5 6 7 8 Lf step forward, recover weight on Rf, Lf step backward, recover weight on Rf

**A4 Double-Step-Touch, 2x Step-Touch**

1 2 3 4 Lf step to left side, Rf close beside Lf, Lf step to left side, Rf touch beside Lf

5 6 7 8 Rf step to right side, Lf touch beside Rf, Lf step to left side, Rf touch beside Lf

**Part B (32 counts)**

**B1 Chasse 1/8, cross-side, Sailor-Step, cross-side**

1&2 3 4 Rf step to right side, Lf close beside Rf, 1/8 turn right Rf to right side, Lf step forward, ¼ turn left Rf step to right side

5&6 7 8 Lf cross behind Rf, step Rf to right side, step Lf slightly to left side, 1/8 turn left step Rf forward, step Lf to left side

**B2 2x Sailor-Step, turn, Mambo-Side**

1&2 3&4 Rf cross behind Lf, Lf step to left side, step Rf slightly to right side, Lf cross behind Rf, step Rf to right side, step Lf slightly to left side

5 6 7&8 ¼ turn right step Rf forward, ¾ turn right close Lf beside Rf, Rf to right side, recover weight on Lf, Rf close beside Lf

**Alternative: only turn a half turn, but notice, that in this case you'll change the turn of the choreo for part B to right**

**B\* dance only B1 and B2**

**B3 Step Step ½ turn left, Chasse, 2x Cross Point fwd**

1 2 3&4 Step Lf forward, step Rf fwd ½ turn to left, Lf to left side, Rf close beside Lf, Lf to left side

5 6 7 8 Rf cross over Lf, Lf point to left side, Lf cross over Rf, Rf point to right side

**B4 Jazzbox ¼ right with Chasse, V-Step with Coaster Step**

1 2 3&4 Rf cross over Lf, Lf back and ¼ turn to right, Rf to right side, Lf close beside Rf, Rf to right side

5 6 7&8 Lf diagonal fwd, Rf diagonal fwd, Lf step back, Rf close beside Lf(&), Lf step forward

**Tag 24 counts**

**T1 Double-Step-Touch, 2x Step-Touch**

1 2 3 4 Rf step to right side, Lf close beside Rf, Rf step to right side, Lf touch beside Rf

5 6 7 8 Lf step to left side, Rf touch beside LF, Rf step to right side, Lf touch beside Rf

**T2 Double-Step-Touch, 2x Step-Touch**

1 2 3 4 Lf step to left side, Rf close beside Lf, Lf step to left side, Rf touch beside Lf

5 6 7 8 Rf step to right side, Lf touch beside Rf, Lf step to left side, Rf touch beside Lf

**T3 2x Rocking Chair**

1 2 3 4 Rf step forward, recover weight on Lf, Rf step backward, recover weight on Lf

5 6 7 8 Rf step forward, recover weight on Lf, Rf step backward, recover weight on Lf

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