

Fast Forward

Compte: 64

Mur: 4

Niveau:

Chorégraphe: Dave Kohut (USA) - August 2023

Musique: Living In Fast Forward - Kenny Chesney



FORWARD CROSS SHUFFLE STEPS

- 1&2 Cross step R over L, shuffle step.
- 3&4 Cross step L over R, shuffle step
- 5&6 Repeat 1&2
- 7&8 Repeat 3&4

RIGHT ROCK FORWARD SHUFFLE ½ TURN

- 1,2 R step forward, step back on
- 3,4 Pivot to R ½ turn, shuffle RLR
- 5,6 L rock forward step back on R.
- 7,8 Pivot to L ½ turn, shuffle LRL

SIDE BALL CHANGE, STEP ¼ TURN

- 1&2 Touch R to Rt side, as right steps down, touch L to Lft side
- 3,4 a s left steps home R step forward, pivot ½ turn to L

RIGHT SIDE ROCK, CROSS SHUFFLE, LEFT SIDE ROCK CROSS SHUFFLE

- 5,6 R step to Rt side, rock step on L.
- 7&8 Cross R over L, shuffle RLR
- 1,2 L steps to left side, rock step on R.
- 3&4 Cross L over R, shuffle LRL

SIDE TOUCH, RIGHT HEEL, LEFT HEEL, ROLLING VINE FWRD

- 5,6,7,8 Touch R to Rt side, Rt home touch Left to Left side, Left home
- 1,2 Rt heel forward, heel home
- 3,4 Left heel forward, heel home
- 5,6,7,8 Rolling vine forward RLRL (body turning left)

SHUFFLE FORWARD, SHUFFLE BACK

- 1&2, 3&4 two shuffle steps forward LRL, RLR
- 5&6, 7&8 two shuffle steps backward LRL, RLR

MODIFIED, MONTERREY, FULL TURN

- 1-8 touch L ft to Left foot side, step L behind Rt , unwind real slow. Turn body slowly in place 360 degrees to Left LRL