I Got The Music



Compte: 32 Mur: 2 Niveau: Beginner

Chorégraphe: Heather Jayne Endall (AUS) - August 2023 **Musique:** I've Got the Music In Me - Thelma Houston



Intro: Start on vocals (16 counts)

Section 1: Step R to R side, Clap High, Cross L over R, Clap Low, 1/2 Hip Rolls counter clockwise over L x 2 [9:00]

| 1,2 | R step to R side, clap hands high (2) |
|-----|---------------------------------------|
| 3,4 | L cross over R, clap hands low (4) |

5,6 Step R to R side turning 1/8 with hip rolls counter clockwise over L shoulder

7,8 Step R to R side turning 1/8 with hip rolls counter clockwise with over L shoulder [9:00]

Section 2: R Toe Strut, L Toe Strut, Step R fwd, Pivot ½, R Kick Ball Change [3:00]

| 1,2 | R toe fwd, step on R |
|-----|-------------------------------------|
| 3,4 | L toe fwd, step on L |
| 5,6 | Step R fwd, Pivot ½ transfer weight |

Section 3: R Shuffle fwd on diagonal, L Shuffle fwd on diagonal (rolling arms at chest height with shuffles), R Rock fwd, Recover with ¼ turn over R shoulder, Chasse [6:00]

on L [3:00]

| 1&2 | R fwd on diagonal, [1:30] L next to R (&), R fwd on diagonal (roll arms in front of chest) | |
|-----|--|--|
| 3&4 | L fwd on diagonal, [10:30] R next to L (&), L fwd squaring (roll arms in front of chest) | |
| 5.6 | Prook fud Posover with 1/ turn over Pichoulder [6:00] | |

5,6 R rock fwd, Recover with ¼ turn over R shoulder [6:00]

R kick fwd, step R next to L, step L in place

7&8 Step R to R side, L next to R(&), Step R to R side (keeping weight on R)

Section 4: L side, Hold, R next to L, L step side, Touch R next to L, V step

1, 2 Step L to L side, Hold 2

&3,4 R next to L (&), step L to side, Tap R next to L

5,6,7,8 Step R on diagonal, Step L on diagonal, Step R back to centre, Step L beside R

On the last wall – wall 10: Dance the first 8 counts. Then have fun with your ending! The music slows with key beats. My demo video shows an example ending by the Lake Monger Dance Ladies: Step R fwd, ¼ turn stepping L to L side [6:00] Hold, Hands behind head and hip roll counter clockwise, step R to R side, L next to R, R to side, cross R over L unwind to front and jazz hands up / down. However.... Do whatever you feel in the music, be funky and enjoy!

For questions / comments - please feel free to get in touch.

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^{**} Restart wall 4 after 8 counts and TAG

^{**} Easy TAG = 4 counts: Tap R toe (1), replace (2), ¼ turn to front Tap L toe (3), replace (4) RESTART