LaLaLa NaNaNa



Compte: 32 Mur: 2 Niveau: Beginner

Chorégraphe: Ivan Rundgren (SWE) - August 2023

Musique: La La La - Faouzia

ou: Island In the Sun - Nate VanDeusen & Bayshore Court



INTRO: 8 C, START ON WORD HAPPENING *** TAG OR RESTARTS..... NOPE ☐ INTRO TO ALTERNATIVE MUSIC: 16 C NO TAGS OR RESTARTS. ENJOY, SUMMER IS ALMOST OVER!

SEC. 1 STEP	- SWEEP - POINT - SWEEP - STEP BEHIND - SIDE - CROSS - SWEEP
1 2	Step fwd L (1) sweep R around and a cross L (2)
3 4	Point R diagonal a cross L (3) sweep R around and behind L (4)
5 6	Step R behind L (5) step L to L side (6)
7 8	Cross R over L (7) sweep L around and a cross R (8)
SEC. 2 POINT - SWEEP - STEP BEHIND - SIDE - STEP - LOCK - L LOCK STEP	
1 2	Point L diagonal a cross R (1) sweep L around and behind R (2)
3 4	Step L behind R (3) Step R to R side (4)
5 6	Step fwd L (5) lock R behind L (6)
7 & 8	Step fwd L (7) lock R behind L (&) Step fwd L (8)
SEC. 3 PIVOT 1/2 L – WALK R L – STEP – POINT – STEP – POINT	
1 2	Step fwd R (1) pivot 1/2 turn L (2)
3 4	Walk fwd R (3) walk fwd L (4)
5 6	Step fwd R (5) point L to L side with hip bump (6)
7 8	Step fwd L (7) point R to R side with hip bump (8)
SEC. 4 JAZZ BOX – ROCK STEP X2	
1 2	Step R a cross L (1) step back on L (2)
3 4	Step R to R side (3) cross L over R (4)
56&	Step R to R side (5) recover to L (6) step R next to L (&)
7 8	Step L to L side (7) recover to R (8)
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Start over again!

If you like it don't forget to like and subscribe! \Box Have fun & happy dancing, hugs from Sweden \Box

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