

# Ready to Be Loved

**COPPER** **KNOB**  
BY STEPHENETS

**Compte:** 32

**Mur:** 4

**Niveau:** Beginner

**Chorégraphe:** Luna VALERIODI (FR) - July 2023

**Musique:** 2 Be Loved (Am I Ready) - Lizzo



**Intro: Approx. 13 seconds, begin after "panic attack"**

**No Tag, No restart**

## **[1 – 8] Vine R, Swivel x2**

- 1-2 Step RF to R side (1), Step LF behind RF (2) 12:00
- 3-4 Step RF to R side (3), Touch LF next to RF (4) 12:00
- 5-6 Both heels go from R to L without moving the toes 12:00
- 7-8 Both heels go from R to L without moving the toes 12:00

## **[9 – 16] Vine L, Swivel x2**

- 1-2 Step LF to L side (1), Step RF behind LF (2) 12:00
- 3-4 Step LF to L side (3), Touch RF next to LF (4) 12:00
- 5-6 Both heels go from R to L without moving the toes 12:00
- 7-8 Both heels go from R to L without moving the toes 12:00

## **[17 – 24] Step touch, Step touch ½, Step touch, Step touch ¼**

- 1-2 Step RF fwd (1), Touch LF next to RF (2) 12:00
- 3-4 Make ½ turn L stepping LF fwd (3), Touch RF next to LF (4)
- 5-6 Step RF fwd (5), Touch LF next to RF (6) 6:00
- 7-8 Make ¼ turn L stepping LF side (7), Touch RF next to LF (8) 3:00

## **[25 – 32] Walk x3, Kick, Back x3, Touch**

- 1-2 Step RF fwd (1), Step LF fwd (2) 3:00
- 3-4 Step RF fwd (3), Kick LF fwd (4) 3:00
- 5-6 Step LF back (5), Step RF back (6) 3:00
- 7-8 Step LF back (7), Touch RF next to LF (8) 3:00

**And here we go again !!**

**Last Update: 2 Aug 2023**

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