

# All About That Bass

**COPPER** KNOB  
BY STEPHEN

Compte: 32

Mur: 2

Niveau: Beginner

Chorégraphe: Laura Rittenhouse (AUS) - July 2023

Musique: All About That Bass - Meghan Trainor



Start after 2 beats (134 BPM) with "All" (or wait a full 32 count cycle)

## S1: R HEEL FAN, VINE RIGHT

1,2,3,4 (Keeping weight on L foot with R toe touching ground while R heel is slightly lifted) Swivel R heel R, Swivel R heel L, Swivel R heel R, Swivel R heel L

5,6,7,8 Step R to R, Step L behind R, Step R to R, Touch L beside R

## S2: L HEEL FAN, VINE LEFT

1,2,3,4 (Keeping weight on R foot) Swivel L heel L, Swivel L heel R, Swivel L heel L, Swivel L heel R

5,6,7,8 Step L to L, Step R behind L, Step L to L, Touch R beside L

## S3: LOCK FWD R; LOCK BACK L

1,2,3,4 Step R fwd, Lock L behind R, Step R fwd, Hold

5,6,7,8 Step L back, Lock R in front of L, Step L back, Hold

## S4: TURN ½ WITH 2 PADDLES; JAZZ BOX

1,2,3,4 Paddle R foot to turn L on L ¼ (1,2) (9:00), Paddle R foot to turn L on L ¼ (3,4) (6:00)

5,6,7,8 Cross R over L, Step L back, Step R to R, Step L beside R