

Everybody Runs

Compte: 64

Mur: 4

Niveau: Improver

Chorégraphe: Antoinette Claassens (NL) - July 2023

Musique: The Journey of Life - Thomas Anders



Intro: 32 counts, starts on "young"

Step fwd, cross behind, lockstep fwd (R+L)

- 1 – 2 RF step fwd – LF cross behind
- 3 & 4 RF step fwd – LF cross behind – RF step fwd
- 5 – 6 LF step fwd – RF cross behind
- 7 & 8 LF step fwd – RF cross behind – LF step fwd

Fwd rock step, shuffle 1/2 turn R, step, cross behind, lockstep fwd

- 1 – 2 RF rock fwd – recover on LF
- 3 & 4 RF step back 1/4 R – LF close – RF step fwd 1/4 R
- 5 – 6 LF step fwd – RF cross behind
- 7 & 8 LF step fwd – RF cross behind – LF step fwd

Fwd rock step, shuffle 1/4 turn R, cross, side, Sailor step 1/4 turn L

- 1 – 2 RF rock fwd – recover on LF
- 3 & 4 RF step back 1/4 R – LF close – RF step R side
- 5 – 6 LF cross over – RF step R side
- 7 & 8 LF cross behind 1/4 turn L – RF step aside – LF step aside

Step fwd, step fwd 1/4 R, sailor step 1/4 R, Fwd rock step, shuffle 1/2 turn L

- 1 – 2 RF step fwd – LF step fwd 1/4 R
- 3 & 4 RF cross behind 1/4 turn R – LF step aside – RF step aside
- 5 – 6 LF rock fwd – recover on RF
- 7 & 8 LF step back 1/4 L – RF close – LF step fwd 1/4 L

Step fwd, pivot 1/4 L, cross shuffle, hinge 1/2 turn R, cross shuffle

- 1 – 2 RF step fwd – RF+LF turn 1/4 L
- 3 & 4 RF cross over – LF step behind RF – RF cross over
- 5 – 6 LF step aside 1/4 R – RF step back 1/4 R
- 7 & 8 LF cross over – RF step behind LF – LF cross over

Side, close, shuffle fwd, fwd rock step, Shuffle 1/2 turn L

- 1 – 2 RF step R side – LF close
- 3 & 4 RF step fwd – LF close – RF step fwd
- 5 – 6 LF rock fwd – recover on RF
- 7 & 8 LF step back 1/4 L – RF close – LF step fwd 1/4 L

Side, close, shuffle fwd, fwd rock step, Shuffle 1/2 turn L

- 1 – 2 RF step R side – LF close
- 3 & 4 RF step fwd – LF close – RF step fwd
- 5 – 6 LF rock fwd – recover on RF
- 7 & 8 LF step back 1/4 L – RF close – LF step fwd 1/4 L

Step fwd 2 x 1/2 turn L, Shuffle fwd, fwd rock step, coaster step

- 1 – 2 RF step 1/2 turn L fwd – LF step 1/2 turn L fwd
- 3 & 4 RF step fwd – LF close – RF step fwd

5 – 6 LF rock fwd – recover on RF
7 & 8 LF step back – RF close – LF step fwd

Start over again!

**Tag: 4 counts after the 1th [9] and 4th wall [9]:
RF step fwd – RF+LF turn 1/2 L (x2)**

Restart: in the 3th wall after 32 counts
