

My Heart

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Lynn Gannon (UK) - June 2023

Musique: My Heart - Ronnie Milsap



Walk walk Mambo Step Walk walk Coaster step

- 1-2 Walk fwd Right Left
- 3&4 Rock fwd Right step on Left ,Step Right in place
- 5-6 Walk back Left Right
- 7&8 Left coaster step

Side tog Back tog Cross / Side tog Back tog Cross

- 1-2 Step Right step Left beside Right
- 3&4 Step back on Right step Left beside Right cross Right over Left
- 5-6 Step Left step Right beside Left
- 7&8 Step back on Left step Right beside Left cross Left over Right

Side Rock /Sailor 1/4 Turn Rock Fwd / Triple Half turn

- 1-2 Rock Right to Right side step on Left
- 3&4 Sailor 1/4 turn Right
- 5-6 Rock fwd on Left step on Right
- 7&8 Triple half turn Left

Side rock / Sailor step / step turn / Shuffle fwd

- 1-2 Rock right to right side step on Left
- 3&4 Sailor step
- 5-6 Step fwd on Left pivot half turn
- 7-&8 shuffle fwd on LRL

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- 1-2-3-4 Walk fwd RLR touch Left beside Right
 - 5-6-7-8 Walk back LRL touch Right next to Left
 - 1-2 3&4 Rock back on Right step on Left Triple half turn Left
 - 5-6 7&8 Rock back on Left step on Right Triple half turn Right
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