

# My Heart

**Compte:** 32

**Mur:** 4

**Niveau:** Improver

**Chorégraphe:** Lynn Gannon (UK) - June 2023

**Musique:** My Heart - Ronnie Milsap



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## Walk walk Mambo Step Walk walk Coaster step

- 1-2 Walk fwd Right Left
- 3&4 Rock fwd Right step on Left ,Step Right in place
- 5-6 Walk back Left Right
- 7&8 Left coaster step

## Side tog Back tog Cross / Side tog Back tog Cross

- 1-2 Step Right step Left beside Right
- 3&4 Step back on Right step Left beside Right cross Right over Left
- 5-6 Step Left step Right beside Left
- 7&8 Step back on Left step Right beside Left cross Left over Right

## Side Rock /Sailor 1/4 Turn Rock Fwd / Triple Half turn

- 1-2 Rock Right to Right side step on Left
- 3&4 Sailor 1/4 turn Right
- 5-6 Rock fwd on Left step on Right
- 7&8 Triple half turn Left

## Side rock / Sailor step / step turn / Shuffle fwd

- 1-2 Rock right to right side step on Left
- 3&4 Sailor step
- 5-6 Step fwd on Left pivot half turn
- 7-&8 shuffle fwd on LRL

## TAG: 16 Count tag end of wall 4 \*\*\*\*

- 1-2-3-4 Walk fwd RLR touch Left beside Right
  - 5-6-7-8 Walk back LRL touch Right next to Left
  - 1-2 3&4 Rock back on Right step on Left Triple half turn Left
  - 5-6 7&8 Rock back on Left step on Right Triple half turn Right
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