

Little Heartbreak AB

Compte: 32

Mur: 4

Niveau: Absolute Beginner



Chorégraphe: Dee Palmer (USA) - June 2023

Musique: Same Heartbreak Different Day - Richard Marx

Intro: 8 counts

Easy 8 count tag at the end of wall 4 (you will be facing 12:00)

STEP R, KICK LEFT, STEP L, KICK RIGHT, R & L STEP TOUCH

- 1-2 Step R to R side, Kick L across R diagonal
- 2-4 Step L to L side, Kick R across L diagonal
- 5-6 Step R to R side, Touch L
- 7-8 Step L to L side, Touch R

VINE R, VINE L, 1/4 LEFT, SCUFF

- 1-4 Step R to R side, L behind, R to side, touch L
- 5-8 Step L to L side, R behind, step L 1/4 left, scuff R

DIAGONAL STEP TOUCHES (K STEP)

- 1-2 Step R diagonally forward, touch L together
- 3-4 Step L diagonally back, touch right together
- 5-6 Step R diagonally back, touch L together
- 7-8 Step L diagonally forward, touch right together

R FORWARD MAMBO, L BACK MAMBO

- 1-4 Rock R forward, recover L, step back on R, hold
- 5-8 Rock L back, recover R, step L forward, hold

TAG: The tag will occur at the end of wall 4 (wall 4 begins at 3 o'clock), you will be facing 12 o'clock when you do the tag.

TAG: HIP BUMP R, HOLD, HIP BUMP L, HOLD, HIP BUMP R, HOLD, HIP BUMP L, HOLD

- 1-2 Bump hips R, hold
- 3-4 Bump hips L, hold
- 5-6 Bump hips R, hold
- 7-8 Bump hips L, hold

Introducing my AB classes to a tag. I don't usually teach tags to AB dancers, but I notice that many of the choreographers are creating AB dances with tags.