

# Don't Be Afraid

Compte: 160

Mur: 1

Niveau: Advanced

Chorégraphe: Michela Rosso (IT) & Mara Ramassotto (IT) - June 2023

Musique: Road Less Traveled - Lauren Alaina



## PART A (64)

### S1: KICK BALL TOUCH X2, SPIN, ROCK SIDE

- 1&2 Kick R forward, recover weight on R, touch L toe to L side
- 3&4 Kick L forward, recover weight on L, touch R toe to R side
- 5-6 Spin on L turning  $\frac{3}{4}$  R, step R forward
- 7-8 Rock L to L side turning  $\frac{1}{4}$  R, recover on R

### S2: VAUDEVILLE, STEP TURN, SHUFFLE BACK, STEP BACK X2

- 1&2 Cross L over R, step R to R side, touch L heel diagonally forward
- &3-4 Recover L next to R, step R forward, turn  $\frac{1}{2}$  L (weight on the L) (6:00)
- 5&6 Step R back turning  $\frac{1}{2}$  L side, step L next to R, step R back
- 7-8 Step L back, step R back

### S3: TOUCH, TURN $\frac{1}{2}$ , SHUFFLE, STEP TURN X2

- 1-2 Touch L toe back, turn  $\frac{1}{2}$  to L (weight on L), hitch R from back to front
- 3&4 Step R forward, step L next to R, step R forward
- 5-6 Step L back turning  $\frac{1}{2}$  R, step R forward turning  $\frac{1}{2}$  R
- 7-8 Step L back turning  $\frac{1}{2}$  R, step R forward turning  $\frac{1}{2}$  to R (6:00)

### S4: ROCK, SAILOR STEP, KICK BALL CROSS, STEP SIDE X2

- 1-2 Step L forward, recover on R
- 3&4 Step L behind R, step R next L, step L forward turning  $\frac{1}{4}$  L (3:00)
- 5&6 Kick R forward, step R next to L, cross L over R
- 7-8 Step R to R side, step L to L side turning  $\frac{1}{4}$  L (12:00)

### S5: SHUFFLE SIDE X3, SAILOR STEP

- 1&2 Step R to R side, step L next to R, step R to R side (12:00)
- 3&4 Step L to L side turning  $\frac{1}{2}$  L, step R next to L, step L to L side (6:00)
- 5&6 Step R to R side turning  $\frac{1}{2}$  R, step L next to R, step R to R side (12:00)
- 7&8 Step L behind R, step R next to L, step L forward turning  $\frac{1}{4}$  L (9:00)

### S6: STEP X4, SHUFFLE, CROSS & CROSS

- 1-2 Step R forward, step L forward
- 3-4 Step R forward, step L forward
- 5&6 Step R forward, step L next to R, step R forward
- &7&8 Step L to L side turning  $\frac{1}{4}$  R, cross R behind L, step L to L side, cross R over L (12:00)

### S7: SHUFFLE SIDE X3, SAILOR STEP

- 1&2 Step L to L side, step R next to L, step L to L side (12:00)
- 3&4 Step R to R side turning  $\frac{1}{2}$  R, step L next to R, step R to R side (6:00)
- 5&6 Step L to L side turning  $\frac{1}{2}$  L, step R next to L, step L to L side (12:00)
- 7&8 Step R behind L, step L next to R, step R forward turning  $\frac{1}{4}$  R (3:00)

### S8: STEP X4, SHUFFLE, CROSS & CROSS

- 1-2 Step L forward, step R forward
- 3-4 Step L forward, step R forward

- 5&6 Step L forward, step R next to L, step L forward  
 &7&8 Step R to R side turning  $\frac{1}{4}$  L, cross L behind R, step R to R side, cross L over R (12:00)

## **PART B (48)**

### **S1: GALLOP R X4, GALLOP L X4**

- 1&2& Step R forward turning  $\frac{1}{8}$  R, close L behind R, step R forward, close L behind R  
 3&4 Step R forward, close L behind R, step R forward  
 5&6& Step L forward turning  $\frac{2}{8}$  L, close R behind L, step L forward, close R behind L  
 7&8 Step L forward, close R behind L, step L forward

### **S2: ROCK, TURN SHUFFLE, ROCK, TURN SHUFFLE**

- 1-2 Step R forward turning  $\frac{1}{8}$  R, recover on L (12:00)  
 3&4 Step R forward turning  $\frac{1}{2}$  R, step L next to R, step R forward turning  $\frac{1}{2}$  R  
 5-6 Step L forward, recover on R  
 7&8 Step L forward turning  $\frac{1}{2}$  L, step R next to L, step L forward turning  $\frac{1}{2}$  L

### **S3: SHUFFLE BACK, STEP SWEEP X2, $\frac{1}{2}$ TURN, SAILOR STEP**

- 1&2 Step R back, step L next to R, step R back  
 &3&4 Step L next to R, sweep R from front to back, recover weight on R, sweep L from front to back  
 5-6 Step L forward turning  $\frac{1}{2}$  L, step R back turning  $\frac{1}{2}$  L  
 7&8 Step L behind R, step R next to L, step L forward turning  $\frac{1}{2}$  L (6:00)

### **S4: KICK X3, TOUCH, JUMP HITCH, BIG STEP, SAILOR STEP TURN $\frac{1}{4}$**

- 1-2 Kick R diagonally L forward, Kick R diagonally L forward  
 3-4 Kick R diagonally R forward, touch R toe behind L  
 &5-6 Jump hitch R, big step R to R side, slide L next to R  
 7&8 Step L behind R, step R next to L, step L forward turning  $\frac{1}{4}$  L (3:00)

### **S5: LOCK TURN X2, STEP PIVOT STEP, SHUFFLE**

- &1-2 Step R forward, lock left behind R, unwind full turn L  
 &3-4 Step R forward, lock left behind R, unwind full turn L  
 5&6 Step R forward, step L next to R, step R forward turning  $\frac{1}{2}$  L  
 7&8 Step L forward, step R next to L, step L forward

### **S6: STEP, BUMP, SNAP, BUMP, SNAP, JAZZ BOX**

- 1-2 step R to R side turning  $\frac{1}{4}$  L, bump hip R, snap L  
 3-4 step L to L side, bump hip, snap R  
 5-6 Cross R over L, step L back turning  $\frac{1}{4}$  R,  
 7-8 Step L forward turning  $\frac{1}{4}$  R, step L forward (12:00)

## **PART C (16)**

### **S1: STOMP X2, APPLE JACK X6, HOLD**

- 1-2 Stop R to R side, stomp L to L side  
 &3 Weight on L ball of foot and weight on R heel, swivel to the R, recover to center  
 &4 Weight on R ball of foot and weight on L heel, swivel to the L, recover to center  
 &5 Weight on L ball of foot and weight on R heel, swivel to the R, recover to center  
 &6 Weight on R ball of foot and weight on L heel, swivel to the L, recover to center  
 &7 Weight on L ball of foot and weight on R heel, swivel to the R, recover to center  
 &8 Weight on R ball of foot and weight on L heel, swivel to the L, recover to center

### **S2: KICK R X2 KICK L, CROSS & CROSS, FLICK**

- 1-2 Kick L in front of R, kick L to L side

3&4 Cross L behind R, step R to R side, cross L over R  
5-6 Kick R in front of L, kick R to side  
7 Step R next to L and flick L  
8 Step L forward

**TAG (32)**

**S1: DOWN & UP**

1 Slide R toe to R and touch the floor with R hand  
3-8 Go back to the top slowly and slide R next to L

**S2: RUMBA BOX**

1-2 Step R to R side, step L next to R  
3-4 Step R forward, touch L next to R  
5-6 Step L to L side, step R next to L  
7-8 Step L back, touch R next to L

**S3: STEP OUT, HOLD**

&1 Step R out to R side, step L out to L side  
2-8 Hold

**S4: KICK X2, ROCK BACK, HOLD, FULL TURN X3, HOLD**

1-2 Kick R in front of L, kick R to side  
&3-4 Step R back (weight on R), hold  
&5 Step R back turning ½ to L (6:00), Step L forward turning ½ to L (12:00)  
&6 Step R back turning ½ to L (6:00), Step L forward turning ½ to L (12:00)  
&7 Step R back turning ½ to L (6:00), Step L forward turning ½ to L (12:00)  
8 Hold

---