

Fist City

Compte: 64

Mur: 4

Niveau: High Improver

Chorégraphe: Lars Christensen (DK) - June 2023

Musique: Welcome to Fist City - Chapel Hart



#64 Count intro. Bpm: 142.

Tag: Start the dance with the Tag: Out. Out. In. In.

(1-8) Dwight steps. (Option: R Heel. Toe. Heel Toe) R. Chasse. Back rock.

- 1-2 Twist L. heel to r. Touching R. toe beside L. Twist L. toe to r. Touching R. heel beside L.
- 3-4 Twist L. heel to r. Touching R. toe beside L. Twist L. toe to r. Touching R. heel beside L.
- 5&6-7-8 Step right on R. Step L. next to R. Step right on R. Rock back on L. Recover weight to R.

(9-16) Side. Behind. Chasse ¼ turn. Pivot ¼ turn. Cross shuffle.

- 1-2-3&4 Step left on L. Step R. behind L. Step left on L. Step R. next to L. Turn ¼ turn left on L.
- 5-6-7&8 Step forward on R. Turn ¼ turn on L. Cross R. in front of L. Step left on L. Cross R. in front of L.

(17-24) Side rock. Vaudeville. Jazz Box ¼ turn.

- 1-2 Rock L. to left. Recover Weight to R.
- 3&4& Cross L. in front of R. Step right on R. Touch L. heel diagonally. Step down on L.
- 5-6-7-8 Cross R. in front of L. Step back on L. Turning ¼ turn right. Step right on R. Step Forward on L.

(25-32) Rocking chair. Pivot ½ turn. Turn ½ turn. Step back.

- 1-2-3-4 Rock fwd. on R. recover weight on L. Rock back on R. Recover weight L. (Restart on wall 4)
- 5-6-7-8. Step forward on R. Turn ½ turn left on L. Turn ½ turn left stepping back on R. Step back on L.

(33-40) Back rock. Shuffle ½ turn. Chasse ¼ turn. Cross. Point.

- 1-2 Rock back on R. Recover weight on L.
- 3&4 Turn ¼ turn left stepping right on R. Step L. next to R. Turn ¼ turn left stepping back on R.
- 5&6 Turn ¼ turn left stepping left on L. Step R. next to L. Step left on L.
- 7-8 Cross R. in front of L. Point L. toe to left.

(41-48) Weave. ¼ Turn. Pivot ¼ turn. Cross shuffle.

- 1-2-3-4 Cross L. in front of R. Step right on R. Cross L. behind R. Turn ¼ turn right on R.
- 5-6-7-8 Step fwd. on L. Turn ¼ turn on R. Cross L. in front of R. Step right on R. Cross L. in front of R.

(49-56) Monterey ½ turn. Monterey ¼ turn.

- 1-2-3-4 Point R. to right. Turn ½ turn right stepping down on R. Point L. to left. Step L. next to R.
- 5-6-7-8 Point R. to right. Turn ¼ turn right stepping down on R. Point L. to left. Step L. next to R.

(57-64) Rocking chair. Jazz box.

- 1-2-3-4 Rock forward on R. Recover weight on L. Rock Back on . R Recover weight on L.
- 5-6-7-8 Cross R. in front of L. Step back on L. Step right on R. Step forward on L.

Tag : To start the dance and after Wall: 1- 2- and 5.

(1-4) R. Out. L. Out. R. In. L. In.

- 1-2-3-4 Step diagonally on R. Step diagonally on L. Step back in place on R. Step back in place on L.

Restart: At wall 4. After 28 count (Rocking chair) (6 o'clock)

Ending: Wall 7 start at 12 o'clock. Count 21 – 24 make a Jazz Box ½ turn.

1-2 Cross R. in front of L. Step back on L. turning ¼ turn right.

3-4 Turn ¼ turn right stepping right on R. Step forward on L.

Have fun.

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